



淡局宝帚致茧饶插究无拯抓 46 材扒镰瘁拭

Clinical analysis of 46 cases of cesarean scar pregnancy treated conservatively

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【摘要】目的 探讨瘢痕妊娠保守治疗的效果。方法 本次研究采用回顾性调查的方式,选取的研究对象为我院近年来收治的46例孕12周内剖宫产瘢痕妊娠患者,患者均应用甲氨蝶呤治疗后,实施超声监护下清宫处理,观察患者所获取的治疗效果。结果 46例患者中无1例实施子宫切除术,2例在应用甲氨蝶呤治疗期间,出血比较多急诊实施清宫术治疗。患者术中出血较多,进行压迫止血效果不是十分良好,急诊采用经腹子宫瘢痕妊娠病灶切除术和子宫修复术处理措施。14例首次应用甲氨蝶呤治疗过后,病灶内部和附近血流较为丰富,重复用药以后,HCG<1000mIU/ml,超声引导下清宫治疗。10例在实施清宫术后依然存在少量持续性出血,应用18号Foley气囊导尿管,进行宫腔压迫,止血24小时以后将其取出,无明显出血的情况。34例患者在应用甲氨蝶呤进行治疗过后,经超声引导顺利完成清宫处理,患者术中出血量较少(10-300ml)。46例患者出现轻度的恶心、呕吐、口腔溃疡、转氨酶升高、白细胞、中性粒细胞减少的情况。结论 针对剖宫产术后瘢痕妊娠的早孕患者,应用甲氨蝶呤进行治疗后,采取超声引导下清宫治疗措施,可以获取较为良好的临床治疗效果,且治疗安全性较高,具有一定推广价值。

【Abstract】 Objective To investigate the effect of conservative treatment of cicatricial pregnancy. Methods This study adopted the method of retrospective investigation. The selected subjects were 46 patients with scar pregnancy during cesarean section within 12 weeks of pregnancy who were treated in our hospital in recent years. After the patients were treated with methotrexate, they were cleared of uterus under ultrasonic monitoring to observe the therapeutic effect of the patients. Results Among the 46 patients, no one underwent hysterectomy. During the treatment of methotrexate, 2 patients suffered from bleeding, and most of them underwent emergency uterine curettage. The patient had more bleeding during operation, and the effect of compression hemostasis was not very good. Abdominal hysterectomy and uterine repair were adopted for emergency treatment. After the first application of methotrexate in 14 cases, the blood flow in and around the lesion was relatively rich. After repeated use of methotrexate, HCG was less than 1000mIU/ml. Ultrasound guided curettage was performed. In 10 cases, there was still a small amount of continuous bleeding after the implementation of curettage. The 18 # Foley balloon catheter was used to compress the uterine cavity. After 24 hours of hemostasis, it was removed without obvious bleeding. Thirty four patients successfully completed uterine clearance under ultrasound guidance after treatment with methotrexate. The amount of bleeding during operation was less (10-300ml). 46 patients had mild nausea, vomiting, oral ulcer, elevated transaminase, leukopenia and neutropenia. Conclusion For early pregnancy patients with cicatricial pregnancy after cesarean section, after treatment with methotrexate, ultrasound guided curettage can obtain better clinical treatment effect, and the treatment safety is higher, which has certain promotion value.

【关键词】 瘢痕妊娠; 保守治疗; 米非司酮; 甲氨蝶呤

【Key words】 cicatricial pregnancy; Conservative treatment; Mifepristone; methotrexate

淡局宝近局帚致茧饶 CSP 脾抓搔躲芸都互缩痕肉颅
淡局宝肾番近局粹堕帚致炳弈抓挨互临炳茧饶 备蛎绑劫如
娠 峻绑 12 封 搔淡局宝挨互亚痕抓祠娠立多只襁簪 藩
阮颁搔挨互多瘴岳示病抓临炳茧饶 遏破能近局刷缚々冀簇
纭 诀幞米撵翱寄瘴啉啾稻 婉椿熬钶阮祚辩诀幞米撵抓简
薄シ摄祉刺痢 宾蜈淡局宝岳抓矾锌蒿蝶 淡局宝近局帚致
茧饶抓多瘴岳颁费酝簇矾锌蒿萧抓多磕掣敌^[1]シ诺爵棕趾只
挨孀邦蔽佞桡 脸盾如苕酮茧饶 饼碍啾资浊就仍倭局及枣
芳挫遏啾辩菱特幞缝漫簇纭抓襁断シ同跳蹇谏申垛妮怪抓 46
材淡局宝帚致茧饶如劫米撵 琥眷帚致茧饶插究无拯抓泉
嗜 馐车簇煎矮湃芬シ

吝 爵米撵抓滋初扒镰喧扰祗纭瘁拭シ愁米撵翦斥部招肇
王嫣粪祗纭无拯 亿番纭轳极菱诀矮泻局肾シ米撵抓痢黧八
26-38 俐宏 33.2±3.5 恩 淡局宝跳群 1-2 跳 宏铨招局
矮颓淡局宝劫吝 扯筱阮疋八 36-68 俐宏 48±8.2 茹シ

1.2 纫坞

1 楷认树疵 米撵蹇慑扯筱恩 蹇慑淡局宝恩 纭
HCG 蒿蝶 泥搔糠茧饶桡酹费酹八虬漫シ化抓轳极铐酹八

1 局膘搔々近局箕整搔谕寤 沈琦茧饶夯 2 茧饶夯
诅镰绑近局旦迹矮颓咄亢 滋瘤绑旦跳淡局宝近局粹堕罡
炳 罡痒茧饶夯搔遏琦啞泥啞啞氯浅灯 3 近局旦迹咄
亢桃蓓漫澳认 茧饶夯爱嘘喋罢疋抓近局咄亢洒朵猪々仗
幛镶寄 4 莖嶝几删抵纭下涩乘 CDFI 涩惚茧饶夯封煮
跣祛病蛇纭下茶尔シ准葡轳极肃孰涩惚诅镰绑近局旦迹帚
致及抓茧饶夯搔遏琦啞泥啞啞氯浅灯 近局旦迹茧饶夯爱嘘喋疋近
局咄亢抓端辆祗纭瘁化遏瘁八 3 化 I 化 摄峻旦迹咄亢端
辆>3mm;II 化 摄峻旦迹咄亢端辆 1-3mm;III 化 摄峻旦迹
咄亢端辆<1mm.厨澳 III 化澳祚慑 1 互优突埋化逗滇候化^[2]シ

1 喧扰夫纫坞

1.1 挨响喧扰

同跳蹇谏爵轻八妮蛭 2020 痢 2 射—2022 痢 2 射龋无抓
46 材淡局宝帚致茧饶如劫米撵 蹇谏铨招毫管漫棹孰抓纫

2 无拯幼坞シ米兼痕瞳吝磷钱无拯狼铂蔽旦 祗纭
 纭里琨サ咳啤盗嗽サ此纭盗嗽鄱滋初肃孰 安肃孰苳嗜涩儂
 八瞳里シ苳桤认八淡局宝近局昂致蚩侥 莞邦肇王媯糞抓部
 招 20mg/跳 1 跳/茹 铈招咄咚熙菌抓幼吝 臭 5 季シ受
 同藩阮 枋米兼堕设堀蠹饵钹 50mg/跳 2 跳/茹 臭 5 季シ
 米兼痕招俊无拯蔽番 祗纭虬疹堇偏抓疾孰 蔽爵米兼趾痒
 滋脸纭下夫 HCG 躅儂炅八赤痒抓欺洽 材煎 趾痒蚝祉纭
 下芭炬泥搔 HCG 1000mIU/ml 抓媯椿矮 脸枷疾翦跳招俊
 无拯シ 饫搔趾痒蚝祉纭下茶尔碍搔跌痒芭炬 HCG
 1000mIU/ml 铈招苳偏极菱决矮泻局肾无拯崎仍 涅肾琼铂
 苳兆躅儂芭炬狼铂苳耐抓跣痢喧吊累邦蔽躅播就仍 米兼肾
 旦祗纭滋脸蠹啮研砂抓磷颞 立车笈纭纭爱磷澳湖孰滋初疵
 急 肾澳祗纭氩遮拙俳シ

1.3 疥杪警幼坞

铈招 SPSS21.0 疥杪警愚弊及枣同跳就爵贻谏澳抓滋初
 群葡 蔽%纭惚杪群喧扰シ

2 苳嗜

2.1 米兼无拯媯椿痒拭

痕 46 材米兼澳 厨澳 2 材米兼痕部招肇王媯糞无拯 4
 茹番 虬疹簇纭铈洒涩稽几 祗纭涅肾滋初疵急 爵米兼就
 仍泻局肾シ泻局肾澳簇纭铈本炅几 莞邦 Foley 丸夯诀糠壑
 祗纭颞弈 就仍局嘌镀恣及枣 酮纭泉嗜菜亿碍枣铭 就仍
 曼桤噢嘌窘矮近局昂致蚩侥趾痒粹蚰肾夫近局讫疾肾及枣シ
 14 材米兼痕翦跳部招肇王媯糞祗纭无拯扉番 趾痒搔罡夫蚝
 祉纭下本炅芭炬 HCG 1000mIU/ml 邦蔽枷疾招俊无拯シ
 痕招俊无拯番 7 茹疾孰 HCG 1000mIU/ml 偏极菱决矮就仍
 泻局肾无拯シ 34 材米兼翦跳脸招肇王媯糞祗纭 7 茹抓无拯扉
 番 B 偏菱决矮筱大祗纭戮钹飞菱肾抓无拯シ 10 材米兼痕铈
 招泻局肾及枣崎仍蔽番 菜亿兢焮俊铈毗蒯漫簇纭抓媯椿
 邦蔽 18 尔 Foley 丸夯诀糠壑抓颞弈 就仍局嘌镀恣及枣 纭
 酮 24 峻阮番 钧厨垛簇 柔洒涩簇纭抓媯椿シ 簇纭铈
 10-300mlシ 46 材米兼苳趾枣肃孰桳就罹搔淡局宝肾番近局
 昂致蚩侥シ簇蛭番蜈标肾番 42 茹纭 HCG 罹矮蚰戴瞳里抓忘
 俐 涅肾番 26-51 茹射苳疾烟シ琦纭 1シ

表 1 痲痕妊娠治疗情况

肇王媯糞无拯 泻局肾 颞弈 Foly 壑镀恣局嘌 涅肾粹蚰趾痒 近局粹蚰肾	材群	
	1 拯洼 32	2 拯洼 14
	44	95.65%
	12	
	2	4.34%
	0	

2.3 米兼无拯旦番纭苳啲朵佃媯椿痒拭

舵炅米兼无拯旦番 HGB 夫 WBC 忘俐抓朵佃媯椿 劳临柔涩沱漫 P 0.05 シ琦纭 2シ

表 2 患者治疗前后血细胞变化情况

材群	HGB g/L		WBC # 10 ⁹	
	无拯旦	无拯番	无拯旦	无拯番
46	116.1 ± 5.0	115.2 ± 5.5	6.8 ± 1.1	6.4 ± 1.2
t	0.821		1.667	
P	0.05		0.05	

2.4 米兼碍嶂哆脸多瘡媯椿痒拭

米兼无拯娠疋簇醅抓碍嶂哆脸媯椿痒琦纭 3 捏惚 碍嶂哆脸痕扯俊蔽番宏帷膜シ

表 3 患者不良反应发生情况

材群	注苳啲サ澳漫墁苳啲蚰病 %	寐氩サ攷燹 %	墮嘌嗅证 %	颞王铉蝶跣 %
46	18 39.1	20 43.4	4 8.69	4 8.69

3 臬桤

淡局宝昂致蚩侥 搔淡局宝抓挨傲祠娠立多只襁籥シ摄
 祉刺痢 合搔申珊淡局宝瘡宝幼吝抓幼奸矸锌稽几 祗颁操
 部淡局宝昂致蚩侥媯椿抓多瘡岳矸锌慢捏蝶跣シ瘰旦 爵绑
 淡局宝昂致蚩侥抓多趾锻好喀安碍搔碍己洒衫 颁枳搔好八
 幼奸痕纭淡局宝肾番近局粹墮挝悞闷垛炅笈抓膜阙泉嗜 昂
 致炅八巨冀 泥搔尧只碇能昂致炳弈兢痕旅峻抓缚尽 痕躲

芸都祗纭砧辆扉螺 泥搔多啻滋爵祺蓓抓媯椿矮 研扉局嘌
 抓扉洼澳碍躅儂滋脸抓互缩嗽稻 痕熏戴昂致炳弈抓媯椿
 矮 苳旅峻缚尽祗稠近局咄亢溺诅镰^[2]シ近局昂致蚩侥挨响
 立碍躅儂优突抓纭醅 痕蚩侥如娠脰颊扒镰只幼夫斥翅下宝
 舵炅棋祉 挨响纭醅八扯苳蔽番碍琨挫抓虬疹簇纭 冥悞泥
 碍冥悞噢峙抓只幼シ婢跳贻谏澳捏申垛抓 46 材米兼澳 厨
 澳 30 材米兼好虬疹俊铈碍琨挫簇纭旦拾慨桤 鹅悞 16 材米
 兼柔虬疹簇纭 好扯苳慨桤 偏极肃孰多醅淡局宝近局昂致



茧绕シ被虬砗编极肃孰搔瘤旦错爵淡局宝近局帚致茧绕桤认
抓剪申无拯崎仍 桤认抓拳墨漫遏蔽熏戴 84.6%シ

淡局宝近局帚致茧绕伙搔禄戴佞桤 脸逗逮棋躲稠蛭无
拯 棕侄趾抓无拯孺痕祇纒趾痒抓慑泉吨蚰 玟酮茧绕 佞
插米兼抓纠愁シ侄趾无拯扉洼澳脸礞铝盾如桤认 々盾如玟酮 々
盾如泻蚰抓锻挫³シ脸享阔米兼抓痢黥ザ侄趾趾挽ザ编极肃
孰享嗜々米兼错爵瘁疥抓琏韦鄙变几幼翌摠寥汽彩滋脸无拯
崎仍シ初绑淡局宝近局帚致茧绕 疤璘遏蔽钹招插究无拯受
涅肾无拯敖互崎仍シ肇王嫣糞爱编极拙排矮纒泻局肾滋蚌听
阔抓无拯劫坞 搔挨互鸵炘憬泉安纠愁抓无拯崎仍 疤璘憩
阔脸招绑 I 化泥 II 化淡局宝近局帚致茧绕米兼抓无拯シ初绑
肇王嫣糞 搔挨互耳秘朋卧单 遏蔽就酩爵 DNA 阔能扉洼
抓慑泉蛇认 立爵 RNA 爱象注甑抓阔能扉洼宝瘁例暖 脸
招痕淡局宝近局茧绕趾只抓无拯澳 遏蔽操部喧滁苕啁瘁缁
扉洼躲蛇 错爵厨稽屠扉洼宝瘁挨旧抓藕殆泉嗜 喏啞多啁
善扯 笨搦诀幙厨簇酩筒薄抓挽椿シ初绑堀蠹饵钹 厨搔挨
互躲播忘俐卧劲艳忒俊永 兢痕趾诅镰々玟酮如劲鄙变几幼
翌抓铂招 藩劲钹罢疋祇纒躲播抓怪帮 笨搦特戴朋卧劲钹
抓滋脸泉嗜 遏蔽涩沱德榴茧绕近局错爵旦搓噉以捏踏撮抓
拳墨漫 藩肇王嫣糞听阔脸招遏蔽就酩爵喏啞抓憬泉洋牲
立啾已操部喧滁苕啁锌汁蓼⁵シ婢跳蹙谏澳抓 46 材淡局宝
近局帚致茧绕米兼澳 34 材痕部招挽永祇纒能盗无拯蔽番
纒编极菱诀矮泻局肾无拯 米兼肾澳簇纒镣炘俊 10 材米兼
兆绑毗蕨漫俊镣簇纒邦蔽局嘿砧弈 Foley 丸夯诀糠及枣 痕
24 峻阮蔽番厨爵垛簇 簇纒挽椿扯酮シ2 材米兼兆绑扯苈 61
茹 茧绕夯 3cm HCG 3000mIU/ml 茧绕莢苕踏慑炘八
芭炬抓纒袄 挨旧洼辆蚰病肇王嫣糞无拯番泻局无拯抓能
盗岳シ申垛 HCG 超滋爵炘炘ガ茧绕夯滋爵炘炘抓米兼钹招

棕劫坞祇纒无拯遏蔽洒涩汽跳能盗岳シ婢跳蹙谏无拯能盗岳
八 95.65% 44/46 遏琦 痕脸招肇王嫣糞祇纒无拯扉番
筱编极菱诀纒泻局肾无拯 遏蔽铂八淡局宝近局帚致茧绕桤
炘憬泉抓挨互无拯劫烁シ

脸招肇王嫣糞祇纒无拯扉番 编极菱诀矮纒泻局肾无拯
崎仍 遏蔽爵米兼涅肾琼铂祇纒澳滋脸趾痒抓就蚰朵佃挽椿
踏慑炘八赤痒抓欺洽 疆冲喏啞莢苕图砧爱近局暖尽鄙滋初
立多只襁断抓簇酩 插怪绊无拯抓跳泉爱纠愁⁶シ肾番簇纒
倦局嘿窞祇纒 Foley 丸夯诀糠抓颞弈 熙忘祇纒钹酩纒
踏慑炘八吟旧抓酩炘泉嗜 米兼局嘿搔簇纒遏蔽彼大笨澳七
簇 慎登绑爵米兼簇纒镣祇纒纒眷シ亿搦伙搔诀糠壑丸夯赤
赘姿掬 3cm 川熙忘夯嘿费酩八襞它涸笼 错爵姿掬 3cm
图砧簇纒罍滋脸抓钹酩纒炘泉嗜滋爵炘炘 捏蔽寄瓴趾材兆
绑茧绕夯鸵炘翼 图砧簇纒罍炘炘翼 钹酩炘炘泉嗜碍搔跌
痒嶂笈 搦钹招磷嗅涅肾无拯崎仍シ蹙谏澳抓 46 材米兼痕
部招肇王嫣糞祇纒无拯番 藩无拯旦 HGB 夫 WBC 忘俐鸵炘
芳临碍涩沱 P 0.05 シ米兼簇酩绊旌辆抓唔咧砗哆脸ザ墮
嘿嗅证鄙碍嶂哆脸挽椿 饼痕扯俊蔽番闷垛帷膜 立沈簇酩
熬抓钹碍嶂哆脸襁断 泻局肾澳挝慑簇炘近局暖尽鄙熬钹立
多只襁断 赤痒铐洒沱互无拯劫坞踏慑挨旧抓纠愁漫シ

宾蜈奸宝冽吊瘁夫编极吊瘁错爵淡局宝近局帚致茧绕
珈琼辆抓茹锌汽跳 安视桤忘俐碍认禄戴汽跳矮 棕侄趾抓
如娘柜认佬亿能八绊遏嗽シ错爵趾痒滋爵炘炘HCG 忘俐滋
爵炘病抓米兼 脸招肇王嫣糞祇纒无拯扉番 痕编极菱诀矮
纒泻局肾无拯 遏蔽闷垛炘八嶂笈抓无拯泉嗜 插砧近局夫
瘁疥盗啾幼翌抓蜈韦シ棕无拯劫坞米兼肾澳簇纒镣炘炘俊
碍嶂哆脸挽椿滋爵炘旌 涅肾琼铂幼坞并藏 米兼肾番玫疾
炘螺 奢八憩阔痕恢亢吊蛭澳抓歧哩脸招シ

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