

箜琦漫徘枣例箜痕箜虔涅肾疽米搛蠛啻煜销忻簇澳抓脸招必超

Application value of predictive nursing intervention in prevention of venous infusion exudation of patients in operating room

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【摘 要】目的: 观察预见性护理干预在预防手术室患者静脉输液渗出中的应用价值。方法: 将 2021 年 9 月至 2022 年 9 月期间我 医院手术室接收的患者 80 例作为本篇文章中的分析对象,将入选的所有病例通过随机抽取方式分成两组,其中包括 40 例观察组、40 例对照组。对照组患者治疗期间采取常规护理,观察组通过对静脉输液渗出原因分析后,开展预见性护理 干预,详细对比两组最终取得的临床护理效果。结果: 护理后观察组的护理管理质量、护士穿刺操作能力、护士风险识别能力、护士应急处理能力以及患者依从性同对照组比较显著提升,(P<0.05); 观察组患者的焦虑情绪同对照组相比明显改善,(P<0.05); 观察组患者静脉输液渗出率明显低于对照组,两组结果对比存在统计学意义 (P<0.05); 观察组患者及家属对此次护理满意度评分高于对照组,两组各指标结果对比后显示均有统计学意义 (P<0.05)。结论: 患者开展预见性护理干预,可有效提升临床护理管理质量和护理人员的综合能力,并增强患者的依从性,从而减少静脉输液渗出发生,提高手术效率及安全性。

[Abstract] Objective: To observe the application value of predictive nursing intervention in preventing intravenous infusion exudation of patients in operating room. Methods: 80 patients received in the operating room of our hospital from September 2021 to September 2022 were taken as the analysis objects in this article. All the selected patients were randomly divided into two groups, including 40 cases in the observation group and 40 cases in the control group. The patients in the control group received routine nursing during treatment, while the patients in the observation group carried out predictive nursing intervention after analyzing the causes of venous infusion exudation, and compared the final clinical nursing effects of the two groups in detail. Results: The quality of nursing management, nurses' puncture operation ability, nurses' risk identification ability, nurses' emergency handling ability and patients' compliance in the observation group after nursing were significantly improved compared with those in the control group (P<0.05); The anxiety of the patients in the observation group was significantly improved compared with the control group (P<0.05); The exudation rate of intravenous infusion in the observation group was significantly lower than that in the control group, and there was statistical significance between the two groups (P<0.05); The scores of the patients and their families in the observation group on the nursing satisfaction were higher than those in the control group, and the results of each index in the two groups were statistically significant (P<0.05). Conclusion: The predictive nursing intervention for patients can effectively improve the quality of clinical nursing management and the comprehensive ability of nursing staff, and enhance the compliance of patients, so as to reduce the occurrence of venous infusion exudation and improve the efficiency and safety of surgery.

【关键词】手术室;静脉输液渗出;应用价值;预见性护理

[Key words] Operating room; Intravenous infusion exudation; Application value; Predictive care

菱璧

涅肾疽搔伐冀吊蛏犬无铷只盾豆铷只米搛抓铷琏哄捏 搦痕涅肾扉诖澳蠛啻煜销搔菅毗米搛瘴缝播庐蔽盾佞插涅 肾泉岳抓铷琏蕴徉 研扉蠛啻煜销蔽盾煜纥遏佞插米搛抓涅 肾筱大祗坛⁽¹⁾之饼痕扒镰涅肾澳里辩好几冱好苡诀幞米搛蠛 啻煜销忻簇酝辁多瘴 幞部米搛辩簇酝蠛啻唛哧蔽盾执峙鄱 只幼 熬铷搛仗幛辩菱特荬荮猴筒 部肾澳悛泉铂招躲戴搂 富 搦安哆疾谖待祚辩稽德墨梳舡蛲 摄莰辩诀幞涅肾泉岳 盾纠愁漫蚵病之捏蔽螈琏祗挨铜德榴爵涅肾疽米搛蠛啻煜销 忻簇锻好瘁拭 砑扉愁罂瘁拭莽莩盾阮磷磕锘爵漫抓燃去徘 枣纫烁 柠啾佞插涅肾泉岳碍躲级痕好苡搂富⁽²⁾之八同 妮 吊蛏笨 2020 痢 9 射幛 2022 痢 9 射娠疋涅肾疽棋龋抓米搛澳 叛垛簇 80 材铯垛绊瘁荬徘枣爵毅赜谏 钧箜琦漫徘枣爱扒 镰里琨徘枣腾吝痕箜虔米搛蠛啻煜销忻簇澳抓脸招泉嗜车 绊椁荭爵鸵瘁拭 躇播瘁拭椁婏琦矮染顸恧

1 扒镰暄扰爱徘枣纫坞

1.1 恢仉暄扰

赜谏爵辁肀垛妮蛏 2020 痢 9 射嶂 2022 痢 9 射娠疋涅肾 疽龋无抓 80 材米捷 钧稠肀抓米捷磷磕瘁荬爵毅徘枣赜谏 瘁荬纫吝八蜈生叛垛坞 臭瘁能琥眷荬爰爵毅荬伐慑 40 材 爵毅荬米搛滇篷 23 材折夫 17 材嫁 米搛稠肀痢黥八 20 恳 78 恳 痢黥宏超 49.00±3.20 恳 琥眷荬米搛澳瘁八折漫 22 材ザ嫁漫 18 材 痢黥馑核痕 20 恳 79 恳罢疋 痢黥宏 超八 49.50±3.30 恳 敖荬摄莰恢仉暄扰爵鸵涩偬柔菥杪 警抹霸 P 0.05 躇急扒镰遏鸵漫シ

七蚴树疵 [兢痕熬铷赡稻ザ楠璧盗啾蜞佗搛 \ 兢痕



熬铷彪梳漫侄趾搛] 兢痕芸佘堙侄趾柔坞钕阀搛 ^ 兢痕 寐漫唛咒搛 __米慑熬铷氯嗪纥壑ザ喔憨侄趾搛 `兢痕此 纥盗啾蜞佗搛 a 兢痕涅肾匍峦只搛 b 菜笨漫炝劳抓米搛 盾聚科シ

1.2 纫坞

莞邦爵毅荬米搛扒镰里琨徘枣例箜 琥眷荬挫磷磕箜琦 漫徘枣例箜 「舡蛲好苡瘁拭 肾日徘枣卑粉斑椁荭瘁拭欺 绩脸曼及枣啾稻ザ煜销狼躇疵急娩椿都 谁葡瘁拭莽莩莩嗜 殆旧簇阀枣漫抓徘枣壑枣纫烁シ\ 徳榴扣炳徽柰 翦斥琏旧 娠荬荮徘枣卑粉祗纭扣炳警板 汽蝶徘枣卑粉抓蠛啻谖待哦 肾ザ涅肾疽律枣紅蛲桎呆啾稻ザ脸曼及枣啾稻盾号颟阀铂抹 桎[3]シ] 徳榴谖待壑枣 琏佞插涅肾疽炽荦赤毪 立琏康铼 慈俊韩筵 徘枣卑粉痕爵米搛祗纭谖待旦琏赤瘁欺洽米搛抓 蠛啻娩椿 康铼肀硼纥下芭炬ザ琉漫笺盾墚姿纥壑 立安琏 礓磷蔼跳谖待罡炳 谖待扉诖澳琏菰苷装哔 藩阮琏砑扉楠 壁保下瘁榷米搛抓熙抹稻 立琏莞邦米搛奢几麾堤纠慕 汽 跣米搛抓菜笨漫 康铼熹戴挨跳谖待能盗シ^肾澳琥眷 琏 句粹琥眷米搛抓煜销娩椿蔽盾伐筲脾树朵佃 锘爵熬铷趾娩 米捷遏憩瘤德螺煜销砝辆 开厨搔部招跣忻序销抓煜熙米 搛 琏熬水皮毅树疵奇殆煜销砝辆盾舷辆 蔽藏慈旌米搛纥 壑迫表诗 藩阮 辞 车 等 煜 销 诀 壑 抓 何 旧 及 枣 シ 爵 绑 抹 桎 泻 锅米搛琏盾阮砑扉楠璧夫涅敌莞邦摩堤纠慕 德榴爵米搛抓 甑奇壑枣 礓冲诀壑嗄泺鄱临里梆弊多瘴シ饫米搛煜销罡炳 簇酝忘唛ザ多胰ザ装哔苷菰蔽盾伉佃鄱娩椿 脸盾阮芬鼐吊 **瘴**铯垛慑泉及枣^⑷シ

1.3 琥眷脾树

[荬疋徘枣壑枣甑铼ザ徘绩谖待琼铂啾稻ザ徘绩舡蛲桎 呆啾稻ザ排绩脸曼及枣啾稻蔽盾米搛菜笨漫砑扉多颧帷砰槔 孰褴督绔爵徘枣旦爱徘枣番祇纭桠旧 拖挨筲脾树抓学瘁超 八 10 瘁 瘤摄莰禄瘁犒跣挫柽就脾树犒笺シ\徘枣旦番敖 荬米搛抑骞诖辆招围句箬铼绔(HAMA)仙旧 莽瘁U29 瘁= 熬铷抑骞 U21 瘁=洒涩抑骞 U14 瘁=哙旧慑抑骞 犏扉 7 瘁=遏啾慑抑骞 峻绑7瘁=柔抑骞只幼シ]钧琥眷荬夫爵 毅荬米搛蠛啻煜销忻簇岳祇纭栊流爵鸵シ^敖荬米搛爵同跳 壑枣学抹辆祆招槔孰褴督纫吝桠旧 谁葡蠹里学抹材群ザ恢 婶学抹材群蔽盾碍学抹材群瘩认 钧摄莰 蠹里学抹+恢婶 学抹 材群莽夫/莽材群"100%シシ

1.4 薪杪警瘁拭纫坞

染澳赜谏群葡铯招 SPSS20.0 菥杪警飚弊,敖荬杪铼群葡 弃恧祆招($\overline{x}\pm s$)及枣蔽盾 t 肃酹 杪群脾树及枣部招 n % 弃恧夫 x^2 肃酹 瘤摄莰群葡莩嗜爵鸵番熹戴菥杪警抹霸祆招 p 0.05 绔偬シ

2 莩嗜

2.1 敖荬伐脾树桠瘁莩嗜鸵炝

敖荬米搛徘枣旦抓伐筲桠瘁脾树莩嗜爵鸵涩偬 P 0.05 徘枣番藩爵毅荬伐脾树莩嗜爵鸵多酝 琥眷荬徘枣壑 枣甑铼夫米搛菜笨漫宏涩沱汽跣 米搛抓抑骞娩萑颁禄戴洒 涩去共 敖荬莩嗜爵鸵涩偬慑菥杪警抹霸 P 0.05 琦绔1シ

表 1 两组指标对比详情($\bar{x} \pm s$)

瘁荬	n	徘枣壑枣甑铼(瘁)		徘枣无拯菜笨漫(瘁)		抑骞诖辆(瘁)	
		就仍旦	就仍番	就仍旦	就仍番	就仍旦	就仍番
琥眷荬	40	6.2 ± 0.2	9.6 ± 0.5	6.2 ± 0.8	9.5 ± 0.5	18.5 ± 2.2	9.3 ± 0.6
爵毅荬	40	6.3 ± 0.4	8.6 ± 0.3	6.1 ± 0.7	8.9 ± 0.4	18.6 ± 2.3	12.9 ± 1.1
t 超		1.4142	10.8465	0.5949	5.9263	0.1987	18.1711
P超		0.1613	0.0000	0.5536	0.0000	0.8430	0.0000

2.2 敖荬扒镰脾树爵鸵椁娩

律枣旦琥眷荬夫爵毅荬徘绩谖待琼铂划舡蛲桎呆盾脸曼及枣鄱葚阀啾稻伐筲脾树莩嗜爵鸵涩偬 P 0.05 搦徘枣

表 2 两组凝血功能指标对比详情($\overline{x} \pm s$)

瘁荬	n	徘绩谖待琼铂啾稻(瘁)		徘绩舡蛲桎呆啾稻(瘁)		徘绩脸曼及枣啾稻(瘁)	
		就仍旦	就仍番	就仍旦	就仍番	就仍旦	就仍番
琥眷荬	40	5.7 ± 0.5	9.3 ± 0.7	6.3 ± 0.8	9.2 ± 0.7	6.5 ± 1.3	9.4 ± 0.5
爵毅荬	40	5.8 ± 0.6	8.2 ± 0.5	6.2 ± 0.7	8.7 ± 0.5	6.4 ± 1.2	8.8 ± 0.4
t 超		0.8097	8.0873	0.5949	3.6760	0.3574	5.9263
P超		0.4205	0.0000	0.5536	0.0004	0.7217	0.0000

2.3 敖荬米搛扒镰脾树爵鸵椁娩

摄莰敖荬槔孰莩嗜爵鸵多酝 琥眷荬米搛壑枣娠疋蠛啻煜销忻簇岳备慑 2.5% 米搛夫聚科爵同跳徘枣壑枣学抹辆熹戴莽 材群抓 97.5% 爵毅荬米搛蠛啻煜销忻簇岳熹戴 15.0% 爵同跳壑枣学抹辆备慑 85.0% (P 0.05) 琦矮绔 3シ

表 3 两组管理满意度和并发症对比详情[n(%)]

荬呆	材群	蠹里学抹/材	恢婶学抹/材	碍学抹/材	壑枣学抹辆 %	蠛啻煜销忻簇岳 %
琥眷荬	40	30	9	1	39 97.5	1 2.5



爵毅荬	40	24	10	6	34 85.0	6 15.0
x²超					3.9139	3.9139
P超					0.0478	0.0478

3 枭栀

涅肾疽搔浊旦扒镰棋龋米搛抓铷琏哄捏 祉痢拾蜈诅吊 警哦肾抓碍认汽蝶 伐堙涅肾抓脸招岳颁碍认汽跣シ痕伐堙 涅肾澳蠛啻煜销搔菅毗米搛瘴缝播庐抓铷琏崎仍 饼痕涅肾 脸招扉诖澳里辩躲戴涅肾疽蕴货好苡ザ徘绩琼铂哦肾碍毪ザ 徘続胎曼及枣啾稻碍発ザ米搛菜笨漫劳ザ米搛帷膻纥壑石弊 劳ザ煜销狼躇肀硼碍瘤盾肾澳煜销悛永壑枣碍瘤鄱好苡搂 富 诀幞米搛涅肾娠疋蠛啻煜销忻簇酝辁多瘴シ德罢瘤旦妮 合摅黥佃挈敌矮 诀幞涅肾米搛澳摅痢卑炝几 搦兆绑摅痢 卑抓纥壑甑铼盾琉漫炝劳 好同颁稽德绊蠛啻煜销忻簇多瘴 岳 摄莰辩诀幞涅肾舡蛲盾蜩辆蔼蝶シ捏蔽煎拨奢笺抓汽跣 涅肾疽蠛帝煜销忻簇箜虔壑枣泉嗜 佬能八浊日滋初警搛铷 页沏泉棂簖[5-6]シ八同 妮蛏爵涅肾疽米搛磷磕绊箜琦漫徘枣 例箜 安摄莰莜瘁拭涩偬 爱铯招里琨徘枣抓爵毅荬滋鸵 研扉磷硫等琦漫律枣例等番抓琥眷荬涅肾疽律枣壑枣甑铼ザ 徘绩谖待琼铂 **州**I 蛲桎呆盾脸曼及枣鄱葚阀啾稻宏禄戴涩沱 汽蝶 米捷抓抑骞娩萑禄戴讷示嶂笺去共 涅肾娠疋菜笨漫 颁洒涩汽蝶 摄莰壑枣娠疋米搛蠛啻谖待忻簇岳洒涩蚵病 米排盾聚科爵同跳徘枣学抹辆炝跣乡罢捏蔽椋徘枣腾吝啾己 垛禄炝笺抓扒镰泉嗜 疤琏搔砑扉盾阮磷磕舡蛲好苡瘁拭 赤瘁欺洽绊扒镰徘枣壑枣澳兢痕抓碍毪罢及忧非枣卑粉蠛啻

谖待琼铂哦肾碍毪褴簖垪肛蛲桎呆蔽盾徘枣葚阀啾稻碍毪褴 簖 立安欺洽米搛兢痕抓伐堙舡蛲褴簖 笨搦啾己盾阮磷磕 锘爵漫抓燃去蔽盾律枣纫烁 佞插绊扒镰律枣抓慑泉漫シ谁 葡摄莰瘁拭莽莩莩嗜盾阮德榴爵徘枣卑粉抓扣炳徽柰 部徘 枣卑粉抓谖待啾稻ザ肛蛲桎呆啾稻蔽盾脸曼及枣啾稻禄戴嶂 笺汽蝶 笨搦遏慈俊好律枣卑粉琼铂盾壑枣碍瘤捏砹能抓蠛 啻煜销忻簇娩椿シ藩阮痕谖待扉诖澳砑扉德榴涅肾疽蕴货壑 枣 礓冲好炽荦碍毪蔽盾扉辆硅升搦搂富谖待泉岳[7-8] 痕谖 待旦砑扉疵佞瘩认欺洽米搛抓纥壑石弊 莩阀米搛趾娩螈琏 中硼阀枣漫抓谖待罡炳 立安痕谖待扉诗澳德榴爵米搛抓娩 萑纠帕蔽盾诀壑何旧及枣 鹅级徘枣卑粉砑扉氨胺绞荫抓谖 待哦肾摄冀蛎辆佞插挨跳谖待能盗 摄莰遏礓冲哆疾谖待爵 纥壑砹能抓迫表 佞插米搛煜销泉嗜盾纠愁漫 痕涅肾娠疋 砑扉德榴爵米搛抓拙徘壑枣稻辆 遏盾阮多酝米搛煜销兢痕 抓伐堙舡蛲褴簖 谁葡就蚧娩椿盾阮磷磕慑泉抓及枣崎仍 礓冲褴簖多磕熬铷稽德蠛啻煜销忻簇多瘴痰岳**>**砑扉愁诖柔 蓣鲭抓壑枣例箜 摄莰遏佞插米搛涅肾娠疋煜销纠愁漫 礓 冲级痕好苡搂富米搛抓涅肾泉岳^[9-10]シ

葚蔼捏応 痕涅肾疽米搛蠛啻煜销扉诖澳磷磕箜琦漫徘 枣例箜 遏砑扉盾阮瘁拭莽莩欺洽兢痕抓楫多蠛啻煜销忻簇 舡蛲好苡 笨搦啾己磷磕锘爵漫抓例箜崎仍 摄冀蛎辆蚵病 米搛蠛啻煜销忻簇岳 汽跣米搛涅肾泉岳盾纠愁漫シ

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