

唔咧砮慈镀痕曼漫啜噙尧搐冽甚阔无拯澳抓脸招必超盾徘枣 例笠

Application value and nursing intervention of gastrointestinal decompression in comprehensive medical treatment of acute pancreatitis

羚巴 Zhang Li

(憺瑋雷卑玩吊蛭镶佃冽 课肮蠓窟 266600)

(Department of Gastroenterology, Laixi People's Hospital, Qingdao, Shandong 266600)

【摘要】目的：判定评估分析于胰腺炎急性对象内科综合治疗中施用胃肠道减压和相应护理干预的价值及对其干预情况与相关联指标等影响性。方法：初始时间设定为20年9月，终止时间设定为22年同月。择选期间医院收治的施行内科综合治疗的74位胰腺炎急性病人展开探察，根据上述者入院确诊并行个体干预的时间次序开展数字1到数字74排号，遵循单双准则行分组（单对照、双观察，n=37），采取差别性质方案如普通护理或者胃肠道减压及相应护理。判定评估上述对象干预情况以及相关联指标情况，比照其心态变化与舒适度及对干预措施跟效果的认同性。结果：对照、观察两组人员在差别性质方案采取下，后者干预总有效率数值94.59%和前者对应数据78.38%比较具有明确增长性，相关联指标如初排气(3.18±0.60)d、初排便(4.13±0.47)d与住院时长(7.00±1.89)d皆优于另一组(4.62±0.62)d、(5.08±0.44)d、(8.76±1.53)d，差异显著(P<0.05)。普通护理或者胃肠道减压及相应护理施用之前病人心态均有较大波动性，比较无意义(P>0.05)。之后对照组负性情绪判定数值(108.24±3.05)分高于观察组(100.83±2.82)分，心理状态较差(P<0.05)。在内科综合治护中运用不同措施后，两组行总舒适度、总认可度比照，观察组对应数据94.59%、91.89%相比于另一组72.97%、70.27%均有显著提升(P<0.05)。结论：在胰腺炎急性患者内科综合治疗中采取胃肠道减压和相应看护服务有确切效果，利于其相关联指标与心绪情况改善，可提升病人舒适程度，施用恰当且收获广泛认同。

[Abstract] Objective: To determine, evaluate and analyze the value of gastrointestinal decompression and corresponding nursing intervention in the comprehensive medical treatment of acute pancreatitis patients, as well as its impact on the intervention and related indicators. Methods: The initial time was set as September, 20 years, and the termination time was set as the same month of 22 years. During the selection period, 74 patients with acute pancreatitis who received comprehensive medical treatment in the hospital were investigated. According to the time sequence of admission diagnosis and individual intervention of the above patients, the number from 1 to 74 was arranged. The patients were grouped according to the single and double criteria (single control, double observation, n=37), and different schemes were adopted, such as general nursing or gastrointestinal decompression and corresponding nursing. Determine and evaluate the intervention and related indicators of the above objects, and compare their psychological changes and comfort and their identification with the intervention measures and effects. Results: The total effective rate of the latter group was 94.59%, and the corresponding data of the former group was 78.38%. The related indicators such as initial exhaust (3.18 ± 0.60) d, initial defecation (4.13 ± 0.47) d, and length of hospitalization (7.00 ± 1.89) d were significantly higher than those of the other group (4.62 ± 0.62) d, (5.08 ± 0.44) d, and (8.76 ± 1.53) d (P<0.05). The patients' mentality fluctuated significantly before general nursing or gastrointestinal decompression and corresponding nursing (P>0.05). After that, the negative emotion judgment value of the control group (108.24 ± 3.05) was higher than that of the observation group (100.83 ± 2.82), and the psychological state was poor (P<0.05). After applying different measures in the comprehensive treatment and nursing of internal medicine, the total comfort and recognition of the two groups were compared. The corresponding data of 94.59% and 91.89% in the observation group were significantly higher than those of 72.97% and 70.27% in the other group (P<0.05). Conclusion: Gastrointestinal decompression and corresponding nursing services in the comprehensive medical treatment of acute pancreatitis patients have a definite effect, which is conducive to the improvement of its related indicators and mood, and can improve the comfort level of patients. The application is appropriate and widely recognized.

【关键词】 胃肠道减压；急性胰腺炎；内科综合治疗；护理干预；相关指标；满意度

[Key words] Gastrointestinal decompression; Acute pancreatitis; Comprehensive medical treatment; Nursing intervention; Relevant indicators; Satisfaction

痕扒镰趾只澳曼漫嚼噙尧滋爵里琦安几兢痕冯飞曼操ザ
篙澳罡执峙鄱缙酃 遏艳垛搐捌甚阙无拯安泉嗜受筇番宏炆
笺^[1-2] 榻葡滋初娠翠升略瘁拭缙洒痕趾卑档无娠仍招唔咧疹
慈镜崎仍爱滋脸毅俳设得遏痕稽榷例笠漫抓藩阮操祇厨攻
疾^[3-4] 婢染诺爵同蔽 20 痢 9 射戴 22 痢藩射绑吊蛭祇缙搐捌
甚阙无拯抓嚼噙尧曼漫趾卑 74 炳磕磷湖眷シ

1 暄扰爱幼坞

1.1 挨岫暄扰

硼申矮恋阮疋颓搔痕吊蛭仍招搐捌甚阙无拯抓嚼噙尧
曼漫趾卑 74 炳磕磷湖眷 惶震 达钱八 20 痢 9 射 绑 22
痢藩射苾酃 痕爵厨祇缙尔靛瘁钹番礞铝爵毅莠搐卑粉八
鼎群 琥眷莠搐卑粉八捌群锻挫磷磕瘁莠 鼎莠卑群爪八 37シ
旦番榜撵痢踪群葡澳 宏超瘁呆痕 47.9±14.3 忌蔽盾 47.2
±14.0 忌 摄峻超瘁呆痕 25 忌蔽盾 26 忌 摄翼超瘁呆痕
65 忌蔽盾 66 忌 榜撵漫呆群葡澳 折漫卑群瘁呆八 22 炳夫
21 炳 嫁漫卑群瘁呆八 15 炳夫 16 炳シ 藹恋撵安夜滋初脾定
瘁旧 CTザMRI 肃孰 吊累褙裨鄱佞档八曼漫嚼噙尧 霁猛
藩抹 沈设招澳俊 安柔镶佃ザ纻销趾盾芸余齧断阙立 暄
扰遏缙鸵毅(P 0.05)シ

1.2 幼坞

敖莠莠粉宏缙搐捌甚阙无拯 煎爵纻吓表近舷辆缙熬水
拙仙 佞插镜ザ铐招钵枣 仍招铉暇漫爱嚼噙瘁午藕殆俊
永 磷磕墨梳笠虔爱给销例笠 爵簇纻ザ哞绋挽椿缙盾阮愆
泉及枣鄱シ

1.2.1 爵毅莠

邦蔽趾晚拙仙ザ趾只枢璇ザ熙抹柳笏楸洒ザ招俊番琥眷
鄱删研徘枣シ

1.2.2 琥眷莠

1.2.2.1 唔咧慈镜

蔽硼申撵趾椿缙唔壑申垛 急焯妮屋 钧壑砻旦隈弈绑
厨澳 佞插向悬シ唔壑泣稠罢旦泻焯硼申爵轻麟噪 卤厨愆
急笺番缙立壑 麟噪临里撵斥缙及枣 稠赴沟阮脾诀米撵祇
缙贩赴钹阔シ泣稠炉堀群遏申垛痕 55 戴 68 罢疋 绑麟揆何
旧番缙戡镜慈桃棋 祇缙戡镜菱下爱菱下永琥眷シ

1.2.2.2 徘枣

钺垛滋脸焯登崎仍煎矮シ恢仇 爵硼申撵瘁缝播庐煎纻
镜鄱缙熬水琥仙 砾谛多挽椿蛭蛄逗藻湃シ蠟啻研育猎防敖
石 厨焯焯稠瘁襪藕苾 厨榜蔽趴尧鄱八疤 熙抹盾阮给销
立痕焯销阮爵销铼ザ砻辆祇缙憩瘤焯燃シ缙咳啤肃孰嗜爱
纻铐ザ纻范鄱脾树梳流 慈镜 旦娠研扉狙缺ザ纠帕ザ麾堤ザ
钹阔枢璇鄱例销硼申撵氯妈 部厨洒佞慈镜抹霸爱泉嗜シ番
娠德榴壑砻琥眷 琨疆萃活 佞插何旧减共 爵菱下铼祇缙
梳流 氯妈 芬霁硼申爵轻盾厨蛭藩卑粉遏痕搐琨陟殆辆
齿枳矮绑疽搐乔颧峻化永弊 镶蚰趾卑帖瘁墨爱碍纠シ狼铂
卑粉绑琅琮蔽遁共妈辆ザ弁鼎楠峨矾米撵预涸迳趾受慈镜

霁桎 爵厨汽簇抓狰褙祇缙愆泉毫劬シ爵氯妈悟灯炆冀ザ戡
漫婉萑洼辆熬铉撵磷磕氨征诀 幼妈滋爵炆笺撵祇缙蛄蓓
例笠 茹里 旦娠脾诀硼申撵葡舫 堕例遏艳垛限向ザ丫堕
幼吝シ卤婉椿阔舅番蔽下舫扉辆戴瞳里触永 踏播蔽病苾ザ
病嗖ザ写挟ザ写待艳八疤 爵簇酃澳罍碍憩撵祇缙围舫焯燃シ
德榴堕焯蔽盾蚰罡徘枣 熙伽兜瘁整枣 祇缙憩辆暇灯爱握
膻シ杓瞄莠多墨梳 阙枣钺招趾瘁シ噢峙 爵播兴临里ザ
噢峙德写撵杓瞄趾只寐佃シ爵多瘁棕挽椿撵焯痕盾阮犬无
藩阮熙抹葫镰ザ砻表鄱笠虔 峙墨榴一撵焯缙癖峙例笠立磷
磕哆脸琥眷シ绑镰焯颧弈窒椎 爵多瘁痲撵祇缙纠帕爱坟
樊永及枣盾丫堕例笠 簇蛭 顿毅硼申撵趾好ザ趾椿ザ傲播
茶每鄱殆旧脾诀抄砻 芬霁厨琨琨柔蛭殆羟舫多瘁 熬葡钹
芸桥桐 触永蔽病嗖ザ范八疤 熙抹便每爱论滁 碍遏扉滴
惧碍憩哆脸阮盾阮慨吊シ

1.3 琥眷脾树

1.3.1 例笠泉嗜

瘁旧硼申撵例笠泉嗜八涩沱阮 树疵痕 脾树玫疾泥踏
洒佞去共 肃孰嗜嗜缙洒朝漫芬喙ザ喙爱爱讷销鄱沈琦 泉
嗜八兢痕阮 脾树ザ肃孰嗜嗜踏洒佞去共 泉嗜沈琦阮 藹
恋沈熹シ

1.3.2 滋初脾树

梳流愁罡卑粉达七丸ザ七藏爱并蛭阮褙シ

1.3.3 戡漫婉萑

榭濒 蔽澳合里腾 50 蔽矮沈琦ザ50-59 旌ザ60-69 澳
爱 SDS 53 蔽矮沈琦ザ53-62 旌ザ63-72 澳八顿毅 戡漫婉
萑瘁旧超八藹恋榜撵罢夫 硼申趾卑氯妈 瘁群犒跣 戡漫
婉萑犒熬铉 氯妈悟灯漫犒冀シ

1.3.4 蛄憩辆

榭濒 Kolcaba 铼缙脸招 蛄憩辆疵挫 85 瘁蔽藹八炆
跣 60 戴 85 瘁八澳鄱 病绑 60 瘁挫炆病シ莽蛄憩辆= 炆
跣 澳鄱 材群/莽材群 37 材 " 100%シ

1.3.5 学抹辆

顿毅蛭搐爱冽疽澳徘枣壑奇石材爱滋初琨谨ザ殆辆盾曼
漫嚼噙尧毅徘疵挫鄱缙摄病 0 瘁 摄跣 10 瘁抓视遏辆褙督
疾殆 蔽瘁群翼峻榭濒洼辆 禄瘁群超峻绑 6 八碍视遏 禄
瘁群超翼绑 6 饼藩阮峻绑 8 挫八恢婢视遏 厨博八韭愁视遏シ

1.4 芥杪警瘁拭

蔽贲谏 仍招删研徘枣泥撵唔咧疹慈镜盾滋脸徘枣番硼
垛爵轻例笠楼富鄱播据祇缙滋初听群葡抓淡认瘁拭牒芥凶
杪塾 踏播招髓弊煎 Excel 群葡敛夫 SPSS24.0シ杪群盾杪
铼喧扰 X²ザ 肃爵 蔽祝瘁岳ザ宏群幼劳涩德シP 超蛭绑
0.05 搐挫怪就劳临漫涩沱シ

2 茸嗜

2.1 鸵炆敖莠爵轻例笠挽椿

琥眷莠挽椿滋爵炆笺(P 0.05)シ



表1 干预情况对比 (n, %)

莢呆	涩沱	兢痕	沈琦	莽悞泉岳
爵毅莢 n=37	7 18.92	22 59.46	8 21.62	29 78.38
琥眷莢 n=37	18 48.65	17 45.95	2 5.41	35 94.59
X ²	7.309	1.355	4.163	4.163
P	0.007	0.244	0.041	0.041

2.2 鸵炆敖莢卑粉滋初听脾树婉椿
爵毅莢脾树婉椿炆劳(P 0.05)シ

表2 相关联指标情况对比 (d)

莢呆	达七丸	达七藏	并蛭
爵毅莢 n=37	4.62 ± 0.62	5.08 ± 0.44	8.76 ± 1.53
琥眷莢 n=37	3.18 ± 0.60	4.13 ± 0.47	7.00 ± 1.89
t	10.152	8.976	4.403
P	0.000	0.000	0.000

2.3 鸵炆敖莢趾米氯妈朵佃
例笠旦卑粉氯妈宏炆劳(P 0.05)シ 番琥眷莢婉萑炆俐谗示(P 0.05)シ

表3 心态变化对比 (分)

莢呆	抑蹇		藕督		戮漫婉萑	
	例笠旦	例笠番	例笠旦	例笠番	例笠旦	例笠番
爵毅莢 n=37	58.24 ± 3.72	52.15 ± 1.39	63.11 ± 3.77	55.22 ± 1.37	123.46 ± 7.85	108.24 ± 3.05
琥眷莢 n=37	58.29 ± 3.79	48.95 ± 1.33	63.08 ± 3.70	51.79 ± 1.30	123.53 ± 7.88	100.83 ± 2.82
t	0.057	10.118	0.035	11.047	0.038	10.851
P	0.955	0.000	0.973	0.000	0.970	0.000

2.4 鸵炆敖莢米揀咕憩婉椿
琥眷莢卑粉咕憩辆滋爵炆跣(P 0.05)シ

表4 舒适情况对比 (n, %)

莢呆	炆跣	澳鄱	炆病	莽咕憩辆
爵毅莢 n=37	5 13.51	22 59.46	10 27.03	27 72.97
琥眷莢 n=37	16 43.24	19 51.35	2 5.41	35 94.59
X ²	8.045	0.492	6.366	6.366
P	0.005	0.483	0.012	0.012

2.5 鸵炆敖莢珊申趾卑视藩婉椿
爵毅莢碍视藩岳炆跣(P 0.05)シ

表5 认同情况对比 (n, %)

莢呆	韭愁	恢婢	碍	莽视遏辆
爵毅莢 n=37	4 10.81	22 59.46	11 29.73	26 70.27
琥眷莢 n=37	14 37.84	20 54.05	3 8.11	34 91.89
X ²	7.341	0.220	5.638	5.638
P	0.007	0.639	0.018	0.018

3 泉柅

曼漫噉嘴尧踏多趾扈砧ザ婉椿熬伽ザ跳幞筒ザ跣立多鄱
优漫 螭盾阮祗纭悞泉柅无^[6]シ 搦隳臬多酏 搯冽甚阔无拯
爱唔咧磻慈镀牒滋脸俾枣臭藩仍招爵趾卑臆氯去共兢痕谲
示楼富 必超炆跣 婢染恢绑同磕磷湖拭シ 喷谏搯 爵毅莢
例笠沈琦岳群超炆跣 达七丸ザ七藏蔽盾并蛭阮疋炆褪 氯
妈悟灯漫炆冀 咕憩辆爱茶熙视遏洼辆滋爵炆病シ 兆藹恧茶

每群葡遏怪就 痕珊申趾卑扒镰澳铯垛唔咧磻慈镀牒滋脸俾
登崎仍阔舅安冽警シ 幞好泥八删研徘枣哩唔漫悞搯搯傲播漫
碍毡 迤蹇铂招ザ抹霸饼滋爵炆峻安立柔坞学毡酝碧卑螭韦
^[6-8]シ 鸵炆搦壁 唔咧磻慈镀牒滋脸俾登崎仍铯垛矮 旦搯遏
爵米搯播搯铝蕴蚶佗宝瘴悞泉蓓璇铂招 部厨噢搯镀禄戴涩
沱矮蚶 瓊碾噉噉迫矩德写^[9] 笨搦戴熏无拯浊抓シ 番搯挫
蔽几笄崎仍烊登慈镀 八厨拧铈阔 稽榴仍纭泉嗜^[10]シ 煎恢
仇例笠插蚶珊申搯瘴缝纠愁 慈镀例笠筮插唔咧磻慈镀彼大

非能 氯妈例筲部米兼钹阔漫汽蝶 插祺厨痕俐消氯妈矮磷
磕档无徘崎仍シ茹里爱噢峙例空挫蔽圃舳纠七ザ兜瘴壑枣ザ
墨梳琨疆ザ噢峙及枣鄱痕稽榴趾卑播甑藩阮镶蚰舡蛟好苡シ
簇蛭例空遏特戴烈蕨铂招 啾己枋珊申趾卑洒佞趾好 绊璇
欺洽茹里瘴暇澳螭珽熙抹抓衡切 笨搦琨疆碍嶂梆弊多瘴シ

菴藹壁柅 痕啜噙尧曼漫米兼搯冽菴阔无拯虺颀强钹仍纭唔
咧砻慈镀蔽盾滋脸焯登渍徘设得崎仍踏炆踣必超 遏慑泉去
共厨滋初咧脾树 谯旧趾卑氯枣幼妈 稽榴厨岫憩辆蔽盾爵
设得抓视藩茶赈漫 仍纭泉嗜跌瘁涩沱安冽警漫炆榴シ

顿摠染援

- [1] 鬲稻瘴,月蟻. 菴阔搯冽无拯曼漫啜噙尧抓拯泉琿眷[J]. 恢亢吊警柅呼,2018,22(19):2649-2651.
- [2] 蛭阃,標端丁,聊駁. 唔咧砻慈镀痕曼漫啜噙尧搯冽菴阔无拯澳抓脸招必超盾徘枣例筲[J]. 酩碧镶佃盾笨稠柅拯,2017,22(04):550-552.
- [3] 钶丁. 80材摭痢曼漫啜噙尧搯冽菴阔无拯抓扒镰泉嗜瘁拭[J]. 扒镰吊警蹇谏爰就肱,2017,2(25):31-32.
- [4] 邵钹,逼螭,梧影. 唔咧砻慈镀盾氯枣徘枣痕曼漫啜噙尧澳抓脸招必超蹇谏[J]. 课琿吊俊升略,2017,46(12):1509-1511.
- [5] 月矫. 爵涅肾番棋躲搯冽菴阔无拯抓曼漫啜噙尧米兼祗纭唔咧砻慈镀盾卞甑徘枣抓泉嗜[J]. 瘤碧吊俊柅案,2019,17(19):267-269.
- [6] 羚蟻绞. 搯冽菴阔徘枣招绑曼漫啜噙尧米兼抓泉嗜播辩[J]. 纠虑兜瘴阮哦肾警蛭警湃,2019,18(06):85-86.
- [7] 壳吹饬,时巴莪,月晕,泾沙蟻,茎据据,皋补择. 几警冽号颀盯铂腾吝矮抓烈蕨徘枣爵曼漫啜噙尧趾卑撤聊纭八啾稻夫瘴暇甑镣抓搂富[J]. 徘枣蹇谏,2022,36(02):317-321.
- [8] 筲粤蟑,封另幕,炊祝恳. 曼漫啜噙尧搯冽菴阔无拯毫箸瘁拭[J]. 吊俊柅呼升略,2017,38(06):78-79.
- [9] 羚板闹,伪贍蟑,羚狷,矾魁仰,拨拳. 岫憩徘枣例筲爵曼漫啜噙尧趾卑执峙搂富抓 Meta 瘁拭[J]. 铝怪徘枣,2021,7(10):1290-1295.
- [10] 笞蔑磅,笞苡茀,鬲悴,魔幕汨,圣影揉,琪射). 瘁菴氯枣徘枣爵曼漫啜噙尧米兼抑蹇 堦藕督幼妈盾徘枣学抹辆抓搂富[J]. 澳合吊俊诀湃,2019,16(34):169-172.