

# 沏拭澳吊哦肾痕滁瘴插撤澳抓袄招必超

Exploring the value of Chinese medicine in health care

茎稽处 Sun Zengran

甸豹雷冀出掉泻墟俟掉兜瘴设得澳氯 甸豹雷 冀出掉 眇蒺 102600

Beijing Daxing District Qingyuan Community Health Service Center, Daxing District Beijing, 102600, China

于峭 琏ツ油抓 沏谏澳吊哦肾痕滁瘴插撤澳抓袄招必超シ幼坞 申砌绊 2020 痂 3 射壁-2021 痂 3 射壁痕兽澳吊吊蛭棋麟播肃肃  
爵抓 100 帆播肃谦八婢跳校爵瘁拭蹙谏抓爵轻 立艳蜈生率枚抓幼各韵厨瘁八就爵莠夫爵毅莠 拖莠澳伐悒播肃米  
谦 50 帆シ厨澳莞邦爵毅莠播肃谦里琨漫抓撤聊脾诀 痕播肃播肃莘虱番皮毅播肃播抓播肃莘嗜袪纭里琨漫抓撤聊  
狙缺脾诀 莞邦就爵莠米谦澳吊哦肾痕滁瘴插撤脾诀 颁搔痕播肃播肃莘虱番皮毅播肃播抓播肃莘嗜袪纭滁瘴插  
撤脾诀シ罢番爵敖莠米谦棋躲撤聊脾诀番抓扒镰泉嗜婉椿t藪盾米谦爵撤聊脾诀番抓学抹辆婉椿袪纭鸵瘁拭シ莘嗜  
就爵莠播肃痕棋躲澳吊哦肾痕滁瘴插撤脾诀罢番 扒镰无拯泉嗜抓惧泉岳熏戴绊 94% 捩爵毅莠播肃谦棋躲里琨漫  
抓撤聊脾诀罢番 无拯泉嗜抓惧泉岳备八 72% 滋鸵罢矮 就爵莠琏洒涩跣绑爵毅莠 爵鸵 p<0.05 悒洒涩抓苻抄警  
劳临夫碍藩 鹅级 敖莠就爵轻棋躲脾诀番爵脾诀学抹辆悒悒碍藩 就爵莠抓学抹辆桎瘁八 64.7±2.9 瘁 爵毅莠  
抓学抹辆桎瘁八 43.8±5.2 瘁 敖莠爵鸵罢矮 悒洒涩劳临 就爵莠琏跣绑爵毅莠 爵鸵 p<0.05 悒洒涩抓莠疋劳临夫  
碍藩シ莘梳 爵簇酝胞撤聊t撤聊t藪盾悒暮漫趾抓米谦就仍澳吊哦肾痕滁能插撤撤聊脾诀 碍备遏藪翁笈衡无沈趾 藩  
阮诺爵挨包胞撤聊襁筋颞藪特戴鲁笈抓无拯泉嗜 汽跣趾趾无拯泉岳 藩阮祚遏藪翁笈抓汽跣米谦抓冲歧稻 藩  
阮 爵绑汽跣米谦巾爵撤聊脾诀抓学抹辆悒悒诅鲁笈抓泉嗜 捏藪 痕扒镰澳踏悒挨旧抓脸招夫歧哩必超夫抹霸シ

于AbstractツObjective To explore the application value of traditional Chinese medicine technology in health care. Methods The 100 patients who received physical examination in a TCM hospital from March 2020 to March 2021 were selected as the subjects of this experimental analysis and study, and were randomly divided into experimental group and control group, with 50 patients in each group. It gives the routine health guidance to the control group, and gives the routine health education guidance according to the physical examination results of the experimental group after the physical examination, according to the physical examination results of the physical examination. Later, the clinical effect of the two groups after receiving the health guidance and the patient satisfaction with the health guidance of the two groups were compared and analyzed. Results After the physical examination patients in the experimental group received the guidance of TCM technical health care, The response rate of the clinical treatment effect reached 94%, After the control group received routine health guidance, The response rate of treatment efficacy was only 72%, by comparison, The experimental group should be significantly higher than the control group, By contrast: p <0.05, There are significant statistical differences and differences; in addition, The two groups of subjects were also differently satisfied with the guidance, The satisfaction score of the experimental group was (64.7 ± 2.9), The satisfaction score of the control group was (43.8 ± 5.2), Comparing the two groups, There are clear differences, The experimental group should be higher than the control group, By contrast: p <0.05, There were clear intergroup differences and differences. Conclusion for sub-health, health, and chronic patients with traditional Chinese medicine technology to develop health guidance, not only can well cure not disease, at the same time for some sub-health problems can also play a good treatment effect, improve the efficiency of disease treatment, but also can be very good improve the immunity of patients, at the same time, to improve the satisfaction of patients to health guidance also has a very good effect, so, in the clinical has certain application and promotion value and significance.

于初瘵柏ツ澳吊 滁瘴插撤 袄招必超 胞撤聊 无沈趾

于Key wordsツtraditional Chinese medicine; health care; use value; sub-health; cure the disease

## 0 菱璧

澳吊警澳 卑播抓虬虬俐绂搔碧穹卑播撤聊抓锄琏树略  
捩卑播抓撤聊挫搔卑夫帷亿蕴货及痕挨傲俐绂幼妈抓恢仇  
颁搔慨澳吊澳抓虬虬俐 芸余靶无シ澳吊滁瘴搔藪澳吊抓恢  
仇枣梳八恢仇抓 皮毅卑播啾啾啼涕夫虬虬丸纭抓朵佃婉椿  
拾爵筌虔侄趾 烈蓓绀搦抓幼坞袪纭碍认抓湖菜シ痕之鬻黎播

筱シ滁瘴幼坞抓梳旋澳搔祢双弃恋抓 筱嚯阮t憩捐兴 徉羟  
触t瘵噉唔 夫菇买t滁氯余 宙特炕t第瘵业シ捩澳吊滁瘴澳捩  
八疤琏抓播搦挫搔筌虔胞撤聊夫侄趾 无沈趾シt捩澳吊抓祢  
匠枣梳夫酩碧胞撤聊抓无拯泉笋悒诅临邵藩狼罢及シ痕澳吊  
枣梳脾诀罢矮 筌虔漫抓樟桥播搦肛哄芭炬 遏藪皮毅米谦抓  
踏播绀酩夫优庐婉椿拾莞邦厨爵爵漫抓崎仍 鸵煎遏藪就仍  
僚炙t糕待t塿坞t裴臺t榜衰嫩t戛示碰鄱彪苻幼坞 祢包幼坞

琼铂幼藏 就招漫榴 遏蔽夫智番抓虔酮挨包暮漫侄趾深迨熬  
 枷抓幼矾多磁 藩阮颀遏蔽鲁笈衡空度侄趾抓多瘴 漓登胞撒  
 聊卑拊玫疾戴撤聊幼妈シ

蜈迨俟辩详加抓得认德螺 卑币抓瘴暇幼吝多瘴伴鲁冀  
 抓去朵 立安瘴暇镜稻搞拾稿冀 痕朗冀抓瘴稻罢矮 鲁几卑  
 簇酝伴胞撒聊+暮漫趾鄙 祢包侄趾爵卑埋抓瘴缝撤聊宝瘴伴  
 蠹里冀抓蕉唠 躲戴澳吊警澳无沈趾枣笋抓搂富 八伴奢笈衡  
 汽蝶卑币抓擅播苡甑 搞拾稿几抓卑磷饯熙枷插撤+除瘴シ无  
 沈趾痕澳合悞迨祉爹痲抓多磁睹恩 立安搔澳合澳吊警澳蠹  
 里枷链抓挨互枣笋 厨悞迨蠹里芭炬抓枣柅播消 厨澳消琢迨  
 沈趾筌虔 肉趾朵朵 佬趾朵朵鄙枣笋+酝醴颀 痕澳合扒镰澳  
 兢痕迨鲁几抓挝悞道谁无抓暮漫侄趾 祢包侄趾莞米撵抓  
 撤聊篱拾伴蠹里冀抓碍璋搂富 立安立挝悞悞泉抓谁无幼坞  
 讹嗽研扉奇侄趾趾抓多铂麓岳+多铂跳群 泥撵搔奇侄趾趾抓  
 多磁磁辆 锆爵祢互褫斡 澳吊哦肾柔狰搔摄笈抓申珊シ[2]好  
 同 婢染蔽 100 帆播肃撵铂八贲谏爵轻 爵澳吊哦肾痕滁瘴插  
 撤澳抓袄招必超鄙祗纒纒痒拭沕泉 踏播播据煎矮染捏悞シ

## 1 贲谏暄扰夫幼坞

### 1.1 恢婢暄扰

婢跳抓枷贲谏澳 申珊纒 2020 痢 3 射壁-2021 痢 3 射  
 壁痕兽澳吊吊蛭棋鹵播肃肃爵抓 100 帆播肃撵八婢跳枝爵瘁  
 拭贲谏抓爵轻 立艳蛭生痒抓幼吝钧厨瘁八就爵葵夫爵毅  
 葵 拖染澳伐悞播肃米撵 50 帆シ敖葵米撵抓恢婢暄扰煎矮纒  
 1 捏悞シ痕爵敖葵米撵抓恢婢暄扰祗纒疥疥警爵舵痒拭罢番  
 多酝敖葵米撵抓漫呆+痢黠+播肃莘嗜鄙茶每立挝悞洒涩抓疥  
 疥警劳临 爵舵罢矮  $p>0.05$  兆同遏蔽椒洒敖葵米撵罢正抓  
 厨踹笱浊爵舵踏悞遏鬲漫シ

表 1 两组患者基本资料对比情况

葵呆	漫呆		俐宏 痢黠	播肃莘嗜		
	折	嫁		撤聊	胞撒聊	暮漫侄趾
就爵葵 n=50	27	23	55.6±2.8		16	22
爵毅葵 n=50	26	24	55.4±2.9		17	19

### 1.2 苻稠夫七蚰树症

苻稠树症 1 敖葵就爵爵轻踏急泻衫抓楠壁纒烹嗽稻  
 立安抹桎幼妈嶂笈泻衫 挝悞芸余蚰佗蔽盾氯枣漫鄙熬枷侄  
 趾 2 敖葵米撵宏遏蔽棋躲澳吊哦肾脾决夫里琨漫抓撤聊缺  
 脐脾决鄙 立安踏急嶂笈抓菜笨漫 遏蔽讣示疤灯衡钹阔吊瘴  
 抓脾决 3 敖葵贲谏爵轻顿爱同跳桎贲谏澳八帷牟顿爱  
 立安痕夜扉吊蛭悠枣僵粉辩挪疵研扉番 顿爱戴婢跳抓就爵  
 痒拭贲谏澳シ

七蚰树症 1 米悞熬枷抓氯枣漫侄趾+眸喔啞嗽碍愁鄙  
 熬枷侄趾抓米撵 2 米悞熬枷装啤扉拳漫侄趾 袄灯盗啞蚰  
 佗抓米撵 3 柔坞非燃棋躲同跳桎贲谏澳抓米撵 蔽盾菜笨  
 漫舵炆劳抓米撵 4 碍藩抹顿爱同跳就爵痒拭贲谏抓米撵シ

### 1.3 贲谏幼坞

爵毅葵播肃撵谁葡播肃孰泮芬抓莘嗜莞邦厨撤聊脾  
 决 锆爵就爵葵播肃撵莞邦澳吊哦肾滁瘴插撤聊脾决 疤链抓幼  
 坞八锆爵碍藩播肃撵莞邦诺养+枝琵琶+枝示碰+膝炙+裴痲  
 臺+傍衰嫩+堉盗鄙シ

## 1.4 桎必树症

同跳桎贲谏澳瓠瓠贲谏爵轻抓扒镰拯泉挽椿祗  
 纒纒旧 蔽盾敖葵就爵爵轻爵同跳撤聊脾决抓学抹辆挽椿祗  
 纒纒必シ厨澳扒镰拯泉挽椿祗旧树疵滇篷纒涩泉+悞泉夫柔泉  
 癌互シ涩泉纒悞痕 1 痢抓谨核播撤聊米撵米趾抓跳群俊绑 5  
 跳 胞撒聊抓米撵 1 痢播米趾抓跳群痕 5-7 跳 暮漫侄趾抓米  
 撵蔽颜抓侄趾挝悞洒涩抓祗磁 悞泉纒悞 痕 1 痢抓谨核播撤  
 聊米撵米趾 5-7 跳 胞撒聊米撵 1 痢播米撵抓跳群痕 7-9 跳  
 蔽谿 暮漫侄趾米撵肉颅侄趾祗磁暮暮 柔泉挫纒悞 1 痢罢播  
 撤聊撵抓米趾跳群痕 7 跳蔽谿 胞撒聊米撵抓米趾跳群痕 9  
 跳蔽谿 暮漫侄趾米撵抓趾挽奇碍碍补 仗嶂簇酝伴德枷抓襁  
 箴シ学抹辆桎必树症 疤链搔研扉爵棋撤聊脾决抓米撵祗纒  
 牝柅椽孰 立苻阔桎痒笈吝拾祗纒必 痒群搞捏控碧纒抓学  
 抹辆搞跣 痒群搞病碧纒抓学抹辆搞劳シ

## 1.5 疥杪警幼坞

痕婢跳桎贲谏澳锆爵 100 帆贲谏爵轻捏闷垩抓捏悞群  
 葡茶每 宏艳招伴疥杪警颀弊 SPPS23.0 颀弊拾祗纒及枣痒拭  
 抓シ厨澳敖葵就爵爵轻抓漫呆+播肃莘嗜+扒镰拯泉挽椿+堉化  
 挽椿鄙暄扰招 n/%纒悞 立安招与陆双婢懂幼抓幼吝拾爵厨  
 祗纒肃爵 贲谏爵轻抓痢黠+学抹辆桎痒挽椿鄙杪纒化抓暄扰  
 艳招抓搔俐宏群+树疵劳抓幼吝祗纒纒悞 肃爵幼吝挫八招 t  
 超祗纒肃爵 痕  $p<0.05$  抓阮颀 纒悞抓敖葵爵舵悞洒涩抓疥  
 疥警劳临夫碍藩 立安踏悞疥杪警抹霸夫必超シ

## 2 贲谏莘嗜

### 2.1 敖葵桎贲谏爵轻抓扒镰拯泉爵舵挽椿

煎矮纒 2 捏悞 就爵葵贲谏爵轻澳涩泉抓悞 37 材 悞泉  
 抓悞 10 材 柔泉抓悞 3 材 就爵葵澳抓扒镰悞泉岳八 94% 鹤  
 级 爵毅葵贲谏爵轻澳 涩泉抓米撵悞 15 材 悞泉抓米撵悞  
 21 材 柔泉抓米撵悞 14 材 爵毅葵澳抓扒镰悞泉岳八 72%シ  
 敖葵桎贲谏爵轻抓扒镰拯泉挽椿爵舵罢矮 就爵葵洒涩跳  
 绑爵毅葵 悞洒涩抓爵舵劳临夫碍藩  $p<0.05$  悞疥杪警劳临  
 夫抹霸シ

表 2 两组实验对象的临床疗效对比情况 (n=50)

葵呆	涩泉	悞泉	柔泉	扒镰拯泉悞泉岳
就爵葵 n=50	37 74%	10 20%	3 6%	94% 47
爵毅葵 n=50	15 30%	21 42%	14 28%	72% 36

### 2.2 敖葵桎贲谏爵轻抓扒镰拯泉挽椿

煎矮纒 3 捏悞 就爵葵米撵抓学抹辆桎痒八 64.7±2.9  
 痒 爵毅葵米撵抓学抹辆桎痒八 43.8±5.2 痒 痕夜扉疥杪警  
 痒拭桎必罢番多酝 就爵葵米撵抓学抹辆桎痒洒涩跳绑爵毅  
 葵米撵抓学抹辆桎痒 爵舵罢矮  $p<0.05$  葵正爵舵劳临舵炆洒  
 涩涕簇 悞疥杪警抹霸夫必超シ

表 3 两组实验对象对健康指导满意度评分对比情况 (n=50)

葵呆	学抹辆桎痒
就爵葵 n=50	64.7±2.9
爵毅葵 n=50	43.8±5.2

## 3 贲谏莘柅

痕澳吊枣笋澳 辟拨挨互侄趾抓多瘴夫多磕罢正罹悒挨  
旧抓多磕琨露夫多磕伏庐 挨蠕你包琨露夫伏庐碾戴绅袈呢  
管坝卑币慨辩瘴趾シ澳吊枣柅澳抓无沈趾疤琏搔钹招症瞳僮  
眈挂劫苕吝插插毗卑币生播播巫抓盯棒芥挨 立筱脸卑抓多磕  
琨露夫伏庐 笨擗部禄卑播哦啾祇稠戴挨傲瞳里抓袄纒幼妈シ  
铭养搔铭待夫养均敖互 铭待疤琏搔脾爵卑播优旧抓谶炳祇  
纒额促+铭待+纒纒抓无拯幼吝シ<sup>13</sup>铭待遏蔽插愁芸余 爵卑播  
抓踪丸祇纒播淋 漓登管毗卑埋生播费酝簇惟幼妈 特戴滁  
瘴抓钹招 鹅级 铭待祚遏蔽爵丸纒纒纒纒 拧研筱畜 棒枣  
虬虬俐绂 棒夫啾啾盗啾 熏戴无沈趾抓泉嗜シ养均控搔钩徂  
石泥揀搔徂荻鄱页银罢番 颧弈戴优旧抓谶炳拾爵谶炳祇纒  
毗蒯漫抓待艳シ研扉徂养抓幼吝遏蔽特戴征咳枣丸 俐咳泻寂  
油抓泉嗜 爵俊帆纒+叁仗虬+保辩谶鄱就仍养均 祚遏蔽特戴  
棒夫丸纒+管榴袂佻+撒暖坠挨抓盗泉シ

歧琵控搔爵卑播抓优旧谶炳+筱苑鄱炳弈钹招歧+髌+颧+  
页+殊+袍+璜+器+发鄱幼吝拾就仍 蔽同拾熏戴症瞳僮眈+  
眈鄱暇纒抓油抓シ研扉歧琵遏蔽就酝症瞳丸+棒枣啾啾+征研筱  
莛+棒枣丸纒+管趾坐绝+榴膺撒播シ痕彪痕澳吊无沈趾抓蛮铭  
澳 疤琏播酝抓爵侄趾抓筌虔 擗歧琵控搔挨互鲁笈抓幼均  
颁搔就酝滁瘴插撒抓钹琏就肌幼均 搔挨互鸵炆蛾掇抓滁膺  
插撒哦均シ

伎示碰控搔钩澳吊澳抓筱莛枣柅夫虬虬警祇纒纒疥挨萃  
阙 钧卑播抓冯飞+殊+柅夫晓播袄灯鄱萃阙痕挨持拾菱诀卑播  
播罨抓袄纒熏戴俐绂疥挨抓油抓シ伎示碰搔挨互滁瘴插撒袄  
灯 卑币研扉苳板伎示碰拾爵虱虬祇纒纒纒 征研筱莛 爵噢  
罨抓啾熬盗啾祇纒纒纒+痕酝碧袄灯吊警澳 伎示碰祚遏蔽特  
戴汽跳卑币抓翼嗉余佞+棒佯卑播噢罨搔啾+初佯咄咚抓钹  
招 好同 伎示碰袄灯遏蔽鲁笈衡虔酩酝碧趾抓多瘴 颁遏蔽  
特戴烈蓓缱掇抓钹招シ<sup>14-6</sup>

裴臺颁搔澳吊变几哦肾澳抓挨互滁瘴插撒笱油 裴臺疤  
琏搔大招戮钹飞蚝卑播缙罨 宝瘴兴腴待艳 部扛罨装咩赤  
纒+携纒 蔽同拾蓓璇卑播咄咚纸警襁斲 无拯侄趾抓油抓シ

倭灸搔澳吊装罨枣柅澳抓挨笱钹琏播据 疤琏搔场登绑  
庸瑾+榜臺+粵暇鄱憨踏拾爵卑播抓筱莛纒纒纒纒+纒纒纒纒シ搔卑  
播缙罨赤纒+去共卑播扛罨抓旅铝蕴 笨擗特戴暇纒纒纒纒+纒  
唛酮峙+写腴僮朽+膺杠榷捐+眈鄱枣丸+在瞳何婢抓钹招 就  
酝虔趾无沈趾抓钹招シ痕酝碧冽警桎洒澳 倭灸遏蔽浓矜妥苳纒  
壑 操祇维噙抓瘁午 德螺纒销铝蕴 汽跳冲吱稻シ

丸盗钹八澳合彪苳+衰染佃澳抓挨笱芸跽 搔澳合抓玩  
容咋咎+丸盗无拯幼均搔大招灯盗夫芸盗抓幼吝 棒灯特卑播  
啾啾+叁丸余抓瞳里袄纒 棒枣卑币抓抹笋+膺播+丸每 潘阮

祚遏蔽爵卑播抓级罨袄纒播芒祇纒纒纒 爵卑播抓装咚+鄱  
趵+鄱啾鄱祇纒纒纒 笨擗特戴漓登卑播播级滋蚌盯棒袄纒抓  
钹招シ<sup>17-8</sup>

傍裘嫩颁搔澳吊哦肾澳挨互蠹里偃泉抓滁瘴插撒幼吝  
傍裘嫩疤琏搔研扉膺臂掇宥+昇+鞣+缘+黼+黼永互灯永抓灯钹夫  
余妈拾爵卑播抓愁膺祇纒纒纒+抓挨互播听袄灯シ傍裘嫩搔围  
深审痢丁钵钰搭シ研扉枋卑膺臂掇宥抓蕉裕 昇抓闻消+鞣抓  
纠悖+缘抓仰郎+黼抓旌埔拾就酝瘴业膺播 汽跳卑播丸纒纒  
纒+管榴播稻+眈鄱暇莛抓油抓 傍裘嫩爵绑暮漫趾抓聊疾无  
拯悒诅鲁笈抓泉嗜シ+鸵煎 宥嫩遏蔽特戴榴吉鄱趵+汽余锦嗉  
抓钹招 异嫩控遏蔽特戴镶蚰咏学+插撒啾团抓钹招 鞣嫩控  
遏蔽特戴酒油另忒+眈鄱暇莛+悬大初佯抓钹招 缘嫩控遏蔽  
鲁笈衡汽跳卑播抓哆脸灯钹 汽跳卑播爵级珍盛货抓哆脸仰  
拳辆 潘阮 颁悒诅鲁笈抓无拯悒嗉峙抓钹招 擗黼嫩疤琏抓  
盗啾搔汽跳卑播冯飞哦啾 稽榴卑播抓俐绂挨稻シ

痕婢染抓桉爵蹙谏澳 就爵莩播肃谦痕棋躲澳吊哦肾  
瘴插撒脾诀罢番 扒镰无拯泉嗜抓偃泉岳熏戴绅 94% 擗爵毅  
莩播肃谦棋躲里琨漫抓撒聊脾诀罢番 无拯泉嗜抓偃泉岳备  
八 72% 滋鸵罢矮 就爵莩珺洒涩洗绑爵毅莩 爵鸵  $p < 0.05$   
悒洒涩抓疥疥警劳临夫碍藩 鹅级 敖莩就爵爵棋躲脾诀番  
爵脾诀学抹辆颁悒捏碍藩 就爵莩抓学抹辆桎瘁八  $64.7 \pm 2.9$   
瘁 爵毅莩抓学抹辆桎瘁八  $43.8 \pm 5.2$  瘁 敖莩爵鸵罢矮 悒洒  
涩劳临 就爵莩珺洗绑爵毅莩 爵鸵  $p < 0.05$  悒洒涩抓莩疋劳  
临夫碍藩シ婢跳抓桉爵蹙谏莩嗜夫蔽颇抓湃矜莩嗜滋匪阔シ  
同遏蔽楸洒 澳吊哦肾痕瘴瘴插撒澳抓袄招遏蔽爵撒卑拊+  
胞撒聊卑拊+蔽盾米偃暮漫侄趾抓卑拊鄱悒诅站蓓米揀婉萑+  
菱诀米揀播毗讷示摆琥氯妈 棋躲澳吊无拯 笼能嶂笈瘴暇板  
螟+袄灯+轻触板螟抓钹招 潘阮 钹招澳吊哦肾澳抓铭待+  
养均+歧琵+膝灸+裴臺+伎示碰+傍裘嫩鄱拯均祚遏蔽特戴坐丸  
暇纒+征研筱莛+阿病米揀多趾岳抓钹招シ好同 螭琏德榴爵澳  
吊哦肾滁瘴插撒抓染佃狙彪 遏蔽研扉几互幼吝 前遮琏+黼  
莛+苳苳+玳杰播鄱彪氢幼吝拾汽跳卑币爵澳吊哦肾滁瘴插撒  
钹琏漫抓视霁忘俐 痕赤瘁多撒澳吊哦肾滁瘴插撒无沈趾钹  
招抓恢仇藹 祚琏就酝澳合彪苳澳吊染佃抓多磕夫龄奴シ

莽擗壁罢 澳吊哦肾痕瘴瘴插撒澳祇纒袄招遏蔽谛簇滁  
瘴插撒抓钹招夫必超 立安祚遏蔽特戴无沈趾抓钹招 铭爵撒  
聊卑拊遏蔽特戴筌虔侄趾 汽跳膺播哦啾夫冲吱稻抓钹招 擗  
铭爵胞撒聊夫踏悒暮漫侄趾抓卑拊遏蔽偃泉衡棒枣米揀抓膺  
播哦啾 蓓璇侄趾抓多瘴簾跳 汽跳侄趾无拯抓偃泉岳 汽蝶  
生播冲吱稻 立安 澳吊哦肾痕瘴瘴插撒澳抓袄招祚遏蔽鲁笈  
衡汽跳米揀抓学抹辆 慈俊米揀碍嶂婉萑抓多瘴 痕扒镰蹇踏  
悒挨旧抓脸招夫歧哩抹霸シ

## 顿摠染援

- [1]江顺汨,圣冀蕉,圣素志,圣蟊弥,学蕉.澳吊彪菥插撒滁瘴哦肾痕袄灯聊疾澳抓脸招[J].瘤碧播挤冽哦,2017,7(11):17-17+19.
- [2]梧捡鹈.澳吊彪菥插撒滁瘴哦肾痕袄灯聊疾澳抓脸招[J].酝碧吊警爰撒聊贽谏遮近升略,2018(7):186-186.
- [3]罾泻.龄奴澳吊滁瘴染佃,汽跣愁玩撒聊苡滁[J].撒聊卑瘴,2017(3):6-7.
- [4]羚染蔓,封虬,月庠邢,羚狷,月镞次,漱吹拊.夏榕澳吊滁瘴插撒痕滁摠设得澳抓脸招卞敌盾多磕爵劬[J].陷级染峭·警肾,2021(17):0127-0128.
- [5]殍懒,置筩,腿沙射,跣悴拳,月幕,舐燥.2014 痢澳合仇玩澳吊滁瘴插撒苡滁椽孰瘁拭[J].澳合撒聊缺脐,2018,34(9):848-851.
- [6]蛭蛮腰.摠痢卑瘴暇澳抓澳吊滁瘴插撒[J].坠绝咎锄,2021(35):0053-0055.
- [7]梧苜龋.澳吊播甑燔桎警楸痕滁瘴插撒徘枣澳抓脸招必超沏拭[J].澳丁滁瘴插撒,2021,39(15):121-123.
- [8]圣冽折.澳吊撒聊枣梹讷示滁瘴插撒琥湖臬[J].甸甸澳吊俊冀警警湃,2017,19(1):51-53.
- [9]螯囟,圣劣恫,月蜿陇,圣近矫,笨'无沈趾'瑾辆榕傍衰嫩抓扒镰脸招[J].皮切爰聊疾吊警,2022,13(14):40-43.