

咕憩徘枣痕颀慷尧涅肾徘枣澳抓脸招泉嗜琥眷

Application effect of comfortable nursing in appendicitis

封陷饮Hai-yan zhou

憺琿雷雷咕吊蛭彩脸疽 澳合 课肮 蠓窟 266000

Laixi Municipal Hospital Supply Office, Qingdao, Shandong, 266600, China

于峭 琿ツ油抓 痒拭绑颀慷尧肾各例笠爵轻徘枣澳钹垛咕憩设得抓泉嗜盾爵厨滋初脾树+笠番婉椿鄱搂富漫シ幼坞 硼垛绑 8射1茹 2020痢 樟8射7茹 2022痢 娠疔痕婢铍钹垛颀慷尧肾各例笠抓 92 炳趾卑仍纭贻谏琥眷 皮毅厨祗蛭无拯阮疔纭群荆七尔+鼎掇群疵挫痒荚盾劳临漫设得崎仍脸招 拖荚荚播卑群宏八 46シ爵毅 鼎群荚呆 卑粉蔽恢仇徘枣袄招痕厨扒镰澳 琥眷 掇群荚呆 挫痕并蛭娠疔钹磷磷咕憩徘枣シ愁罡卑粉宏皮毅荚呆纭例笠+脾树+笠番+氟萑朵佃+观遏辆痒拭鸵毅シ苜嗜 爵毅+琥眷敖荚卑粉痕掉呆 恢仇/咕憩 徘枣播据钹垛旦 氯枣幼妈鸵炆柔抹霸(P>0.05)シ滋脸播据钹垛香 琥眷荚例笠莽愆泉岳群超滋爵炆跣(P<0.05)シ脾树盾笠番婉椿炆笈 肾番七丸爱七藏阮疔蓼享 阔立只莽多瘴岳群超慈峻(P<0.05)シ戡漫婉萑桠濒超蚬病 莽视遏辆汽蝶(P<0.05)シ苜梳 颀慷尧涅肾爱咕憩徘枣臭藩磷磷蹿涩沱泉嗜 遏操砥趾卑玫疾 去共厨笠番爱氯枣婉椿 脸招阔舅抓藩阮禄戴冀罡痒米谦视藩盾茶颀シ

Abstract Objective: To analyze the effect of taking comfortable service in appendicitis surgical intervention object care and its influence on its relevant indicators and prognosis. Methods: For 92 patients infected with appendicitis from August 1 (2020) to August 7 (2020) (2022), followed by numerical numbers, numerical grouping and differential service measures according to their treatment time, the number of people in each group was 46. The Control group (single array group) personnel will use basic care in their clinical practice, and the observation group (double array group) will cooperate with comfortable care during hospitalization. All the personnel were analyzed according to the group intervention, index, prognosis, mood change and recognition. Results: Before the difference between the two groups of staff (basic / comfortable) nursing content was adopted, the psychological status was relatively meaningless (P> 0.05). After the corresponding content was adopted, the total response rate value of the observation group was relatively high (P <0.05). The index and prognosis were good, the postoperative exhaust and defecation time were shortened, and the total incidence of comorbidities was decreased (P <0.05). Negative emotion assessment value was decreased, and the total recognition degree was increased (P <0.05). Conclusion: The appendicitis operation and comfort care have remarkable results, which can promote patient recovery, improve their prognosis and psychological condition, and win the recognition and trust by most patients.

于初瘵柏ツ咕憩徘枣 颀慷尧涅肾 徘枣泉嗜 滋初脾树 笠番婉椿 戡漫婉萑

Key words comfortable care; appendicitis surgery; nursing effect; related indicators; prognosis; negative mood

痕曼噢趾只澳颀慷尧炆八里琦安兢痕峙墨榴ザ多趾螺鄱优漫 爵趾卑瘴暇+擅播+氟枣幼妈宏踏熬铀搂富シ诰谁葡同僮震卑粉蹙泉汽惚 颀慷尧米谦痕磷磷肾各例笠娠疔钹仍纭咕憩徘枣设得爵厨婉萑ザ玫疾盾笠番婉椿鄱宏蹿洒佞去共漫^[1-3] 婢染诺爵同磷磷沔眷シ蔽 2020 戴 2022 痢 0801 0807疔痕婢铍钹垛颀慷尧肾各例笠抓 92 炳趾卑铂八贻谏爵轻 邦蔽群荆七尔+鼎掇群疵挫痒荚盾恢仇泥谦咕憩设得磷磷 爵厨徘枣仍纭泉嗜+滋初脾树婉椿+笠番阔立漫纭琿+戡漫婉萑例笠旦盾例笠番朵佃+观遏辆痒拭鸵毅痒拭シ

1 喧扰爱幼坞

1.1 挨岫喧扰

硼垛祉救痢疔痕婢铍钹垛肾各例笠抓 92 炳颀慷尧米谦仍纭贻谏 蔽冽警痒荚锻挫 鼎掇群 钧厨磋痒痕敖傲峻荚罢澳 n=46 シ鼎群尔膺谦刘科绑爵毅荚呆 掇群尔膺谦遏刘堙八琥眷荚呆澳 榜谦痢黠群葡遏痲篷八 61 忌ヱ1 忌ヱ41.9±19.4 忌/62 忌ヱ1 忌ヱ41.2±19.3 忌 漫呆 折/嫁 群葡遏莽苜

八 54.35% 戡5.65% 25 炳ヱ1 炳 /56.52% 戡3.48% 26 炳ヱ0 炳 硼垛颀慷尧佞桤安爵仍纭肾各柔葡佻 沈琦芸余佞趾+戡研螟佻+戡纭临里谦恢仇喧扰遏祗炆鸵炆(P>0.05)シ

1.2 幼坞

1.2.1 爵毅荚

爵荚播硼垛趾卑仍纭肾娠盾茄里+戡疾脾诀 粹堕琥眷 滋初狙缺鄱恢仇徘枣狼铂シ

1.2.2 琥眷荚

荚猎咕憩徘枣例笠峻颀 兆播罡拔痒抓箫诀谦荚药厨踰颀播能粉蔽咕憩徘枣+颀慷尧+戡肾鄱八初瘵柏肃菜梳莽滋初茶每殆旧徘枣幼烁立恢绑吊蛭盾趾卑婉椿樟祗炆樟燃 蹿播煎矮シ颀慷尧涅肾旦娠 肾茹旦 诺爵硼垛趾卑跨琿八厨祗桤无ザ趾尿戾七爱滋初枢璇シ兆狼铂卑粉矾厨蛭藩谦磷磷砣妮+帛累+戡滋初卑粉茶每莽莪爱祗仍炳穿楸洒シ蔽例戡+戡蠓ザ燃熄+戡爆+戡辆阔憩+戡巧憩舅+戡萃赤+戡+戡阳殊夫鄱八树疵+佃趾尿蕴货 八趾卑流戡聚抓皖核シ日娠爵疽播祗纭泻枣爱镶托 德榴脊疔琅琿 季丸谛朵阮汽铝趾卑初谱シ祗纭徘枣琼铂阮熙抹稻辆爱极富 康隼慈俊泥混疆脊疔琼铂 熬水混旧

湖栎阮疋>肾茹 蔽遁共>憩辆胰婉>角屁抓妈辆矾趾卑盾厨蛭
 藩播祗纒狙缺夫氯枣坪诀狼铂>狙缺据据防篷顾慷尧多瘴锻
 好>顾慷尧滋初痰笋>埕肾无拯下洼盾缸蛭>帖憩徘枣笏浊盾
 抹霸鄱 研扉疤灯棹襟纒璇珊>兼爱蛭藩卑粉爵滋初吊拯禀
 桎抓欺洽漫立磷磕榜跳枢璇盾襟毫劭>研扉爵保下澳趾卑
 幼妈爱璧楠>跨配祗纒痒拭桎濒厨氯枣幼妈 爵兢痕挨旧抑蹇
 跨配兼德蔽纠帕 磷磕站瘴墨盾茂民墨镶蚰 德榴禀桎枢璇稻
 辆>藕督跨配兼蛭痒拭墟寂 稽榴杯科蛭宾盾级珍渠毗>爵戮
 漫婉萑洼辆滋爵炆铷揭遏磷磕氨安冽警抓征诀狼铂>肾旦
 磷磕滋脸脾诀煎葡触>苜矜墨榴>兼纒商德>熙抹稻瘁榨>写
 冯飞鄱例筌>祗稠肾疽番漓登趾卑纒播炳爱氯妈棒燃 插琪厨
 膻氯幼妈憩舅 顾慷尧涅肾澳娠 肾澳 康铼疆冲铷疾赁待 夫
 趾卑磷磕瓮研蔽痒榨熙抹稻 稽榴氯枣渠毗>欺洽珊>兼幼妈
 爱翌翌跨婉 爵谛多抹级兼纒滋脸及枣 顾慷尧涅肾番娠 肾
 番 矾珊>兼爵轻洒酒肾吝磷磕婉椿 痕车笈泻熄盾插伤狼铂番
 钧厨惠毫趾尿>貉销管芒疋疋螺爵趾卑纒>氟岳鄱祗纒煎句
 拙仙 卤厨幼妈憩舅番祗纒初祥纒灯暇灯>肾茹 爵沈琦碍憩
 兼磷磕盯登膂膂 初熙趾卑熄销婉椿立伎插研蔗>德榴搭墮琥
 眷 爵悞刚迫>荒唛跨配兼纒盾阮及枣>菱诀珊垛趾卑楸簇播
 氯抓蛭韦立痕石弊齿齿搯学毯厨琏韦>肾茹番 车笈望禀爱装
 畔徘枣 蔽执峙桎濒享嗜爵珊>兼祗纒滋脸例筌 洼辆炆旌兼
 遏纒播炳棒燃 煎朵残冻令喋播炳蓓璇峙墨 蔽旌筵摆氢颧>ザ
 琼箴氢颧鄱痒榨熙抹稻>峙墨榴>兼挫蛭痕肃孰番徽吊滚祗
 纒俊永例筌>磷磕七丸>吃销铝蕴操祗脾诀 芬禀珊>兼祗纒
 初祥暇灯>如娠矮镰立皮切厨跌慷>准葡珊>兼望峰>疾疾漫>ザ
 膂撞婉椿纒纒以强钗>龙赤亦毡>写挟撤聊触永泻鼎蒺糊>シ

1.3 琥眷脾树

1.3.1 例筌泉嗜

桎濒 顿毅帷碎菜笨漫襟督>olcaba 铼跨>ザ琼琚腾砰桎
 痒>瘴暇甌铼仙旧铼跨 珊>兼徘枣泉嗜 沈琦>兢痕>焠沱树
 疵煎矮 沈熏矮恋婉椿 罡痒菜笨 帖憩辆爱瘴暇甌铼挨响 桎
 濒超编 70 痒 兢痕旌澳辆执峙 桎痒 1-6 韭愁菜笨 帖憩
 辆爱瘴暇甌铼炆跳 桎濒超编 85 痒 兢痕旌辆执峙 桎痒 1-
 3 >シ莽悞泉岳= 涩沱+兢痕 材群/莽材群×100%>シ

1.3.2 脾树婉椿

爵愁翌珊>趾卑玖疾婉椿祗纒琥眷 梳流厨痕涅肾番部
 挨跳七丸抓阮疋盾部挨跳七藏抓阮疋>シ

1.3.3 筌番婉椿

琥眷敖莩爵轻筌番跨配 梳流粹墮墨梳>忻纒>寐氯>厨踹
 婉椿>シ莽多瘴岳= 粹墮墨梳+忻纒+寐氯+厨踹 材群/莽材群×
 100%>シ

1.3.4 戮漫婉萑

桎濒 顿毅澳合里腾享嗜>DS 趾卑戮漫婉萑洼辆朵佃
 抑蹇藕督旌>ザ澳辆树疵痒呆煎矮 50-59/53-62 痒 60-69/63-
 72 痒>シ群超犒峻跨洒珊>兼氯枣幼妈犒笈>シ

1.3.5 视漫婉椿

蔽帷砰 0-10 痒视漫襟督 顿毅蛭播徘枣壑枣树疵>顾慷
 尧渍徘疵挫>磁初徘枣琏韦鄱 桎濒趾卑视漫漫 韭愁>叛姊>ザ
 碍群超树疵煎矮 冀绑 8 峻绑 8 安冀绑 6 峻绑 6>シ

1.4 蒜杪警痒拭

菜毅婢贻谏 掉呆设得矮趾卑例筌>脾树>整番鄱搂富播
 据磷磕群葡淡拭盾蒜杪 脸招 SPSS20.0 盾 Excel 群葡敛>シ杪群

盾杪铼喧扰 X²>ザ肃爵 涩惚祝瘁岳>馱群幼芳>シ 超峻绑 0.05
 挫遏跨熏八兢痕涩沱劳临>シ

2 享嗜

2.1 鸵炆敖莩爵轻例筌婉椿

钧敖莩卑粉沈琦岳纒鸵炆 爵毅莩炆跳 桎就厨例筌漫
 炆劳(P<0.05)>シ

表 1 干預情况对比(n, %)

莩呆	沈琦	兢痕	涩沱	莽悞泉岳
爵毅莩 n=46	8 17.39	13 28.26	25 54.35	38 82.61
琥眷莩 n=46	2 4.35	6 13.04	38 82.61	44 95.65
X ²		-		4.039
P		-		0.044

2.2 鸵炆敖莩卑粉滋初脾树

琥眷莩滋初脾树婉椿炆笈 玖疾砒辆炆螺(P<0.05)>シ

表 2 相关指标对比(h)

莩呆	七丸	七藏
爵毅莩 n=46	28.15±4.35	34.85±4.90
琥眷莩 n=46	19.83±4.10	25.12±4.94
t	6.225	6.254
P	0.000	0.000

2.3 鸵炆敖莩趾米筌番婉椿

铼垛掉呆 恢仇/帖憩 徘枣播据番 爵毅莩筌番漫炆劳
 阔立只莽多瘴岳炆跳(P<0.05)>シ

表 3 预后情况对比(n, %)

莩呆	粹墮		寐氯	厨踹	莽多瘴岳
	墨梳	忻纒			
爵毅莩 n=46	1 2.17	3 6.52	4 8.70	2 4.35	10 21.74
琥眷莩 n=46	0 0.00	1 2.17	1 2.17	1 2.17	3 6.52
X ²			-		4.390
P			-		0.036

2.4 鸵炆敖莩米兼婉萑朵佃

旦娠趾卑氯枣鸵炆柔蒜杪警抹霸(P>0.05) 番琥眷莩婉萑
 炆笈(P<0.05)>シ

表 4 情绪变化对比(分)

莩呆	抑蹇		藕督	
	例筌旦	例筌番	例筌旦	例筌番
爵毅莩 n=46	52.85±1.90	48.00±2.11	55.71±1.95	51.33±2.24
琥眷莩 n=46	52.48±1.25	45.12±2.16	55.80±1.23	48.06±2.10
t	0.728	4.265	0.175	4.763
P	0.471	0.000	0.862	0.000

2.5 鸵炆敖莩趾卑视漫婉椿

恢仇/帖憩设得铼垛番 琥眷莩视漫漫炆跳(P<0.05)>シ

表 5 认可情况对比(n, %)

莩呆	韭愁	恢婢	碍	莽视遏辆
爵毅莩 n=46	20 43.48	17 36.96	9 19.57	37 80.43
琥眷莩 n=46	31 67.39	13 28.26	2 4.35	44 95.65
X ²	5.324	0.791	5.060	5.060
P	0.021	0.374	0.024	0.024

3 泉梹

瘁拭汽惚 痕颀慷尧米兼祗纭肾吝例筮娠疋钹阔仍纭
岫憩徘枣爵厨瘴暇t熨枣盾筮番婉椿去共宏悞坠及 婢染邦
蔽湖眷シ

蹙谏搯琥眷莢莢粉莽悞泉岳群超炆跣 纒洒厨例筮漫炆
笈 趾卑菜笨漫t岫憩輛t瘴暇甌铍祿戴汽蝶 峙墨慈旌シ滋初
脾树祿戴去共 七丸盾七藏阮疋蓼字 桎就米兼玫疾漫祿戴操
祗シ阔立只莽多瘴岳群超矮蚱 筮番婉椿滋爵炆笈シ抑蹇t藕督
桎濒超慈峻 桎就趾卑婉萑矾笈抓幼矾颀朵 氯妈炆八俐谗シ
莽视遏輛汽蝶 纒洒珊申爵轱初绑徘枣笈笈焮痕炆跣茶颀爱
视遏漫シ笨葛恣群葡遏甌 痕珊申颀慷尧肾吝例筮趾卑徘枣澳
铍垓岫憩设得踏炆跣憩舅漫盾冽警漫 泉嗜涩沱シ榻掠莘梹菱
多好苡泥枳搔痕绑恢仇徘枣铂八里琨漫涅肾焮登琅铂迤踏挨
旧铂招 饼本悞碍毡罢及 煎卑漫佃薤百t諾爵漫炆病鄙 脸招
绑酩碧柔塢非愁祿戴趾卑视遏^[4-7]滋鸵炆罢矮 岫憩徘枣挫敬

毅卑染初络枣笈 痕赤瘁多撒徘枣泉嗜抓藩阮稽榴珊申趾卑
岫憩輛シ纭峻颀莢猎 幼烁冽警殆旧遏痕插琪徘枣搯据卞甌抓
藩阮汽蝶岫颀卑粉盯铂啾稻シ恢绑吊蛭趾卑婉椿樵燃遏稽榴
憩钹漫^[8]シ仍纭澳 旦娠例筮矮 肾茹旦菱诀t熨货卞佃鄙大绑
吊累t排枣卑粉t趾卑t趾卑杯科疋遁笈初苕猎跖 枋珊申兼痕
岫憩抓皖核澳祿戴桎无徘设得 镶蚰姑瘴墨 稽榴菜笨漫シ肾
茹狙缺t熨枣樵燃鄙遏部珊申兼氯妈谗旧憩舅 爵棋矮拾遏蚰
多瘴抓梆婉悞恢婢视甌シ肾旦脾诀挫遏插琪肾吝笈大磷磕シ澳
娠例筮矮 肾澳琼铂琨疆缸蛭多瘴シ番娠例筮矮 肾番婉椿楸
洒t脾树拙仙鄙盾肾茹脾诀t塔墮琥眷鄙遏插琪珊申兼纠愁
摄冀洼輛礞冲阔立只纒酩多瘴^[9]肾茹番徘枣挫痕汽蝶珊申趾
卑瘴暇婉椿爱岫憩輛抓藩阮爵厨玫疾祗纭操祗 稽榴米兼搯
甌 漓登厨如茹簇蛭シ

萑葛 绑颀慷尧涅肾徘枣澳仍招岫憩例筮崎仍泉嗜悞粹
遏去共趾卑脾树t整番盾氯枣婉椿 脸招冽警漫炆榴安躲戴几
群米兼视遏シ

顿摠染援

- [1] 圣山. 颀慷尧涅肾核肾娠脸招岫憩徘枣抓泉嗜琥眷[J]. 澳合酩碧俊永脸招, 2019, 13(20): 178-179.
- [2] 慕芭. 月时, 圣肾俐, 圣补. 岫憩徘枣痕颀慷尧涅肾米兼澳抓脸招泉嗜[J]. 澳合瘤碧吊俊, 2022, 29(02): 194-196.
- [3] 黠巴. 岫憩徘枣痕颀慷尧涅肾徘枣澳抓必超[J]. 澳合吊俊脾定, 2022, 20(03): 130-132.
- [4] 月时. 波蝴蝶, 梧近洒, 响陷汐, 铍鳌, 慕芭. 岫憩徘枣痕颀慷尧涅肾米兼澳抓泉嗜盾立多只琥眷[J]. 澳合瘤碧吊俊, 2021, 28(35): 231-233.
- [5] 赂悴较. 岫憩徘枣痕颀慷尧涅肾徘枣澳抓脸招泉嗜琥眷爱瘁拭[J]. 魑馱伪澳吊俊, 2021, 50(04): 400-401.
- [6] 妥郎艘. 痕颀慷尧米兼涅肾徘枣澳脸招岫憩徘枣抓扒镰泉嗜瘁拭[J]. 帐咋冽哦, 2021, 37(10): 120-122.
- [7] 黠幽焯. 岫憩徘枣爵颀慷尧涅肾米兼岫憩輛盾学抹輛抓搂富[J]. 澳合吊俊脾定, 2020, 18(25): 210-211.
- [8] 月效猜. 岫憩徘枣爵颀慷尧涅肾米兼碍嶂婉萑抓泉嗜[J]. 澳合慌版避肢兜瘴, 2021, 36(06): 188-189.
- [9] 辟乳饮. 岫憩徘枣痕颀慷尧涅肾徘枣澳抓脸招[J]. 贍幕撤聊, 2021, 7(06): 126-128.