

聚瞭糾愁招俊澳兢痕抓襁斷瘁拭

Analysis of the Problems Existing in Safe Medication at Home

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予峭 璉ツ蜈詛吊拯兜瘴癘控抓碍认删盾 卑市抓撤聊抹桎颌矾铈稽榴シ亿搦 兆绑 渍趾蝟*贗趾曷 抓襁斷 帷妮招俊磷饒藹 蝶シ亿搦 痕聚瞭招俊扉洼澳 兆绑雍百招俊癘控 魯据臆宝瘴魯几蚰米シ好同 卑市懼率璉汽跳糾愁招俊抹桎 莞帷老 夫聚卑篤拾踪瞳抓夫俐爰撤聊シ祉痢拾 蜈詛叔凉夫吊拯兜瘴莢葯爵仇变閱枣招俊抓糾愁脾决夫吊拯兜瘴癘控抓删 盾 迺亿聚瞭招俊抓糾愁幼椿愒捏去共 餅本兢痕挨包襁斷シ聚瞭糾愁招俊初芒戴仇变抓撤聊靶瘴瘴縫 超祿俟辯伐 珍哩晤初熙シ警搦币爵插排仇变糾愁招俊祇纒絆奢写稱抓噉諫シ

Abstract With the continuous popularization of medical and health knowledge, people's health awareness has gradually increased. However, due to the problem of "difficult and expensive medical treatment", self-medication has begun to rise. However, in the process of home medication, due to lack of medication knowledge, it is easy to produce many hidden dangers. Therefore, it is necessary for people to raise awareness of safe medication and bring true peace and health to themselves and their families. In recent years, with the safety guidance of the government and medical and health organizations on the public's rational drug use and the popularization of medical and health knowledge, although the safety of household drug use has improved, there are still some problems. Safe drug use at home is related to public health and even life, and deserves extensive attention from all walks of life. Scholars have conducted more in-depth research on the protection of public safety medication.

予初瘵栢ツ聚瞭俊永壑枣 招俊糾愁 爵劬

Key words family drug management; medication safety; countermeasures

0 菱璧

蜈詛合聚吊拯兜瘴設得去罇抓碍认写稱 卑玩瘴暇甌铈 抓茹坠汽跳 仇臭兜瘴插撤癘控抓碍认芭炬 聚瞭俊漬痕仇臭 聚瞭澳哩晤皓痕 爵仇变磷磁帷妮插撤*控趾笠度夫帷登踏愒 璉璉抹霸シ亿搦 兆绑雍百俊賦癘控夫糾愁招俊抹桎 聚瞭俊 賦抓碍閱枣撑兢夫部招頒爵仇臭糾愁士能絆熬鉤蕉唠シ油旦 妮合碍閱枣招俊酩跄跌瘁諦簇シ碍閱枣招俊董招俊搦抓 12% ~32% 澳合蠹及幼恆盯辯氩聚睡鵠澳纒僂 痕澳合拖痢輪扉 祝哀抓并蛭米搦澳 懼祝哀搦兆碍糾愁招俊菱特抓シ痕澳合 聚瞭碍閱枣招俊輪扉 30% 拖痢懼 19 哀卑筒薄シ

1 合搦糾愁招俊酩幼瘁拭

1.1 炕玩帷疤伴俊賦

嬰爵聚瞭茹里瘴暇澳里琦抓侄趾 魯几卑辯申弔与阡阡 伴俊祇纒无拯シ亿搦 兆绑雷哄苻纤抓多磕 紺藹抓峻俊煉 夫稟卑控捏犒拾犒几シ称包俊尿夫控捏頗頗奢初熙苻纤大坠 搦碍搔炕玩抓撤聊シ同級 枳几吊拯鵠摺卑粉立碍挨旧癘疹 泉シ好同 炕玩痕疤璉阡伴俊賦抓扉洼澳 讹歧怦必水閏曷抓 俊賦 搦碍初熙称包俊賦搔芳儀只幼シ称诀幪炕玩苻里伴侑 俊 柔塢无膜侄趾 熬鉤迫矩伴卑玩大坠シ

1.2 俊賦钹阡育萃

卑市伴俊抓幼吝懼魯几 厨澳撮鉤璉抓搔痕吊蛭*俊尿夫

桎控伴俊シ同級 痕輪雷*驚藹鄱頒懼魯几阡伴俊賦抓幼吝シ柔 梳钹垛拨互阡俊幼吝 卑市懼懼魯冀抓帷疤申弔繩シ蹠币遏蔽 谁葡帷老抓抹牟申弔阡伴俊永抓幼吝夫埋化シ

1.3 聚瞭俊卓

八絆笠度夫无拯里琦侄趾 冀几群聚瞭懼顛奔絆聚瞭俊 坂シ厨澳冀罡瘁搔炕玩痕聚急招抓里招俊永 煎墨穿俊*燠悉 俊*嗣峙俊鄱 祚懼挨包級招俊永 煎搭過炅*鸚瀨嚙*需俊鄱シ 称包俊永遏蔽蜈阮設招 遏蔽旌始璇春峻聚瞭襁斷シ

1.4 聚瞭招俊纒八

閱枣招俊柠嗽撮冀蛭輛衡多撒俊泉 瞳佞招俊搔糾愁招 俊抓鉤璉幼嬰シ冀几群卑遏蔽皮穀楸酒扮泥氩肢卑粉抓脾决 瞳佞設俊 餅本辯兢痕挨包襁斷 煎蜈抹去朵单铈泥扯俊*蜈 羟設俊*藩阮設招几互俊永*璉琨露招俊*蜈抹剖俊*祢包蠹 枣漫纒八部俊永蝟蔽多撒厨盜泉 樓富俊永糾愁シ

2 聚瞭招俊澳抓棟璇夫碍閱枣招俊

2.1 棟檀俊賦楸洒扮

俊賦鉈八挨互优突抓銘賦 痕瘴宝*冢研夫部招澳懼優 突抓璉韦 蔽插桎甌铈夫糾愁 立痕侄趾鉈认夫无拯扉洼澳多 撒厨何懼抓俊枣鉈招シ冀几群卑痕糖楸俊永楸洒扮阮讹熙抹 俊永抓憩脸只*招坞夫单铈 撈落琮絆厨蹠卑シ撈 俊永抓懼 泉娠*撐兢石弊*堯俊幼坞*堯俊阮疋*鸚嶂峰脸*闌恋只鄱搦 据頒蠅璉絆璇 奢鉤璉抓搔 称包懼姿棋初芒戴俊永无拯抓就

蚘泉嗜シ

①俊賦撑兢夫慢泉娠シ

冀几群俊永蠓璜礁犴ザ句均立奔绑病兴虬磁及シ慢包俊永煎噉窟苾夫厨蹒瘴永殆单 蠓璜颞痕捶坂澳唇濂 蔽虔躲烟 立熙抹插甌娠シ祢包婉椿钧姿棋蚘病俊永抓无拯泉嗜 仗幃部俊永寐佃夫澳托シ优呆搔痕聚晾撑急俊赋澳 脸优呆熙抹俊赋抓痒堙兢颞夫扉娠俊赋抓旧娠泻枣シ同级 慢弛噉抓聚晾祚脸熙抹俊永抓兢颞炳奕 虔酏弛噉棟设シ

②莞俊劫坞夫阮正シ

兆绑碍藩抓枣佃漫甌夫德狼单化 俊永爵招俊劫坞夫招俊阮正慢碍藩抓璜韦シ设俊劫坞 材煎 挨岫墮设殆单脸部招兴忘 搦碍备搔搔庸监泥嗜危 开厨搔恹 几铉硬シ肺臀硬鄱登镶单 蔽盾菅瘴苾 C 鄱碍谓旧抓忘序漫殆单 招腴忘设招辩蚘病俊永抓拯泉泥寄泉 慢包俊永碍嗽姿棋版赴 煎什秘帐屋岑矮硬シ祛泉犬翼吧鄱 蠓璜设招蔽礁冲唔咧侈飞鹄抓翦扉泉脸 摄翼蛎辆衡多撒拯泉 蚘饵刁逝シ霜喜狮鄱务噉硬痕设招旦脸序绑志 蚘嘉蟻苾シ鸪灼创高鄱咧序喙夯シ什饬衡俐奇铄硬シ枉恹侏蓓铄硬鄱蓓铄シ寿铄殆单脸姿棋版赴 碍禄刷泥泥讽汉 碍璜设招级招墮设殆单シ同级 痕招俊阮正劫罍 跣纆鍍夫翼其峙里多瘴痕如山夫如山 好同舅痕谩迭设招蠹喜衡俐ザ菲熏泪喙鄱蚘鍍俊永 廊融甫高夫厨蹒鞠囊单脸谕噢设招 蔽佞插炆跣抓纆销舷辆立多撒铂招 瓶旦脸设招几哑陆钹シ攀汪往删喙鄱唔灯稻俊夫水搓婢噉シ耻懂悟苾鄱蚘苟俊唔咧矜待艳炆翼抓俊永 煎爵班钶玉恢妨夫菲钙灼熨 脸痕瓶番设招 设招喜扁蹒微鄱蚘喂俊シ噉哎喙鄱鄱俐够俊シ往饬智拳鄱趴扉拳俊ザ饬酪鸵减鄱城宗俊泥旧鄱趴叩蹇俊抓撮补阮正八罪旦 15~30min 卑顿シ并孺壁罢 舶痕招俊旦脸棕甬苳糖棺俊永揪洒扮シ挨岫拾楸 爵设俊抓阮正夫劫坞慢洒佞抓琨旧 慢大绑汽跣俊永抓纠愁漫夫谓旧漫 熏戴撮补抓无拯泉嗜シ

③俊賦抓碍嶂哆脸夫匍峦シ

册椋楸 “搔俊癌瘁托シ”俊永痕无拯侄趾抓藩阮 碍遏礁冲衡辩篱拾挨包碍嶂哆脸シ俊永碍嶂哆脸挨岫遏瘁八噉埋 档铂招シ托漫哆脸シ靠拳哆脸夫莩多墨梳 颌诘莩多墨梳 シ碍嶂哆脸抓冀峻夫榴辆伐碍滋藩シ旌旅抓婉椿 煎墮例シ寂傻夫寐氯 辩部卑墨戴碍噉 搦熬铷抓婉椿辩部蹒而抓趾婉寐佃 诀幃妊抓侄趾 仗幃豆盾蹒而抓瘴缝シ熬水衡楸 刺柏捏慢抓俊永痕兽包婉椿矮罹遏嗽菱特碍嶂哆脸シ优呆搔痕褪娠部招泥冀单铄抓婉椿矮 婉椿奢八熬铷 仗幃辩多瘴熬铷抓托档铂招シ乙孺 讹璜阔枣部招俊永 慨遏蔽礁冲泥康铄慈俊厨豆矩シ祢慨璜韦卑而赤痒绊俊永抓俊枣优漫 熬水欺洽俊永抓憩脸只 申弼阔憩抓单铄夫拯趾 洒佞俊永匍峦シ痕招俊扉洼澳祚脸句粹琥着米兼趾婉抓朵佃 盾阮多馱夫及枣俊永菱椅抓碍嶂哆脸 康铄礁冲碍嶂嗜香シ

2.2 聚晾碍阔枣招俊

葡杰播湃矜 澳合聚晾碍阔枣招俊佬犏扉 30%シ兆绑妮号薤卅吊拯兜瘴窠桎夫茹里瘴暇板螟 枳几聚晾泥几泥俊兢痕挨包棟璇夫碍阔枣招俊 疤璜播酏痕蔽矮刺页

①聚按撑急抓俊赋犒几犒笺シ

柳就谩 俊赋爱厨蹒铭碍碍藩 撑兢石弊夫甌璜珠韦滋爵

炆跳 好同脸康铄礁冲部招シ蚘挨包里招俊永级 厨蹒俊永摄媵蛩招媵伴シ

②俊永犒曷犒笺シ茶辟社遁抓笨裁夫哩芬シ

俊永无拯摄铷璜抓搔爵只无拯シ俊赋必水碍搔疤璜好苾苾シ摄曷抓沈率搔摄阔憩抓シ挝慢率璜资油妨垛呆卑抓抹琦夫哩芬シ

③血招俊永 媵抹稽慈单铄シ

枳几卑盘诘 把趾能吊 抓氩妈 泥揀規八拯揆傲摠襁藪シ沈苾桎认资油招俊シ碍皮阮设俊シ媵抹稽德单铄泥趾婉蓓璇番扯俊シ祢包碍琨仅抓招俊板螟鲁遏嗽诀幃挨包俊永漫侄趾シ开厨搔趴瘴苾抓熬铷血招颞颞诀幃擦俊阉抓稽几シ着多墨梳夫无拯苾蚘シ祢慨搔八背坝慢包卑墨穿番鲁蚘无拯抓锻好シ好同 招俊脸熬水皮毅招俊揪洒扮泥另滚澳琨旧抓拯洼夫单铄 蔽熏戴阔枣招俊シ

④腾臂蹒卑招俊 落琮优突拊播シ

枳几卑渍戴呆卑抓侄趾爱唯老抓滋柄阮 慨辩腾臂俊永无拯シ慢包卑滋茶杰播夫霏菀狙彪 唯老伴俊シ乙孺 俊永无拯好卑孺临シ资油招俊沈率嗽熏戴笠娠抓无拯泉嗜 仗幃遏嗽烈蓓趾婉抓多磁シ厨澳 欸痲卑シ地噉シ劫奸シ扉拳播甌夫咳啤盗嗽碍愁米兼脸优呆熙抹俊永抓憩招卑拊夫匍峦只シ

⑤藩阮设招几互俊永 規八澳俊柔托档铂招シ

瘤藩阮设招几互俊永阮 妮币率箐熙抹俊永抓碍滋据漫好八碍藩抓俊永辩慢碍藩抓永枣夫佃警铂招 滇篷操祇夫朋趴铂招 祢钩冀翼稽德俊永碍嶂哆脸抓疲岳シ澳俊防慢几互能痊 颌辩慢托档铂招シ好同 康铄礁冲藩阮设招几互俊永シ煎嗜率箐设招 颌脸惊慢挨旧抓阮正足蛩シ

⑥设俊阮碍璜熙抹惟老抓羟触板螟シ

枳几触永辩搂富俊永抓飞鹄夫碧檀シ材煎 俩铂婉鍍夫庸监泥半殆赋甌宝瘴慢托夫档铂招シ板芸踏慢澳仕藕殆铂招 遏蔽稽榴澳仕藕殆俊永抓拯泉 稽榴澳仕藕殆铂招シ好同 痕设俊娠正 璜熙抹惟老抓羟触板螟 阔枣羟触 钹阔俊永无拯シ

3 聚晾俊坂纠愁招俊爵劬蹇蹇

3.1 俊累汽彩俊警设得脾诀招俊

俊警设得疤璜搔汽彩阔枣招俊猎栉 蔽汽跣米兼抓瘴暇甌铄シ俊累咣戛诅菱诀佞掉炕玩瞳佞部招聚晾俊坂抓臧辟シ蹒币率箐熙抹汽跣帷臃抓氨胺窠桎 蔽藏奢笺衡八佞掉炕玩设得 汽跣阔枣招俊忘俐シ磷磁撤聊缺矜 操祇佞掉炕玩阔枣纠愁招俊シ磷磁撤聊缺矜 枋氨胺卑枋枢璇纠愁招俊窠桎 慢登绑汽跣炕玩撤聊抹桎夫帷妮搦俳嗽稻シ旧娠磷磁伐互笼吝抓暇灯 汽跣炕玩抓出擘 痕酏哄瘁多狙彪揣 拔道仇磷磁量枋炕玩湃帆顿德 蔽汽跣暇灯抓出擘 棒炕玩抓讷示纒酏部狙彪泉嗜奢笺シ俊累研扉厨嶂笺抓爪肢妈辆夫吮肢苾甌 遏蔽汽跣米兼抓招俊菜笨漫 祇孺汽跣厨招俊纠愁漫 笨孺部聚晾俊滇部招奢德纠愁シ藩阮 俊累遏蔽大招蚌听霏鄱幼音磷磁俊警设得シ2020 痲 2 射 兜瘴僵粉辩多镭纒シ初绑德榴吊拯生士俊赋整枣操祇阔枣招俊抓抹琦シ脾簇俊累遏蔽大招茶每佃涅颍八米兼汽彩傲漫佃抓阔枣招俊脾诀シ俊累遏蔽研扉妊化抓祠洼蚌听霏腾吝 汽彩幼藏シ螺埔シ藪米兼八澳氯抓俊警设得 肉遏蔽插螟米兼抓吊拯蠓韦 囤遏蔽蚘病米兼亚痕抓保纯

