

赆王洧鹱簏墁无拯峻驰镶佃碍嶂抓扒镰瘁拭

Clinical analysis of lysine-zinc granules in the treatment of pediatric dyspepsia

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FAbstract "Objective: To analyze the clinical effect of lysine-zinc granules in the treatment of dyspepsia in children. Methods: In 70 children with dyspepsia from January 2021 to January 2022,35 patients were randomly divided into 2 groups. The control group were treated with domperidone and C. caseate, and the observation group added lysine zinc particles on this basis. The time of symptom disappearance, body immune level, total response rate, recurrence rate of 1 month and 3 months were compared, and adverse effects. Results: In the first groups of treatment, P> 0.05, while both groups improved, while the observed group was significantly higher than the control group, P <0.05. The clinical response rate of the observation group was 33 (94.29) higher than the 26 (74.29) of the controls used alone, with a significant difference (P < 0.05). The duration of antidiarrhea in the observed group were (2.11 \pm 0.24) days, vomiting disappearance time (1.33 \pm 0.32) days, temperature recovery time (1.21 \pm 0.31) d, and length of stay (4.63 \pm 0.35) d shorter than the control group [(5.81 \pm 0.34) d, (3.43 \pm (0.39) d, (3.55 ± 0.32) d, (7.92 ± 0.32) d], all with significant differences (P < 0.05). At 1 month and 3 months after treatment, the recurrence rate was 0% (0 / 35) and 2.86% (1 / 35), which was lower than the control group, and there was a significant difference between the two groups (P < 0.05). The safety results showed that neither of the two groups had significant adverse effects, nor significant zinc poisoning, and no significant changes in electrocardiogram, liver, renal function, and routine urine indicators. Conclusion: Lysine-Portuguese zinc particles in children with dyspepsia treatment effect is exactly, can effectively improve the body immunity of children, accelerate the disappearance of symptoms, reduce the recurrence rate, and high safety, no serious adverse reactions, worthy of promoting.

デ初瘀桕ッ赆王洧鹱簏墁无拯 峻驰镶佃碍嶂 扒镰泉嗜

Fkey words Lysine-zinc granule treatment; pediatric indigestion; clinical effect

镶個碍嶂痕扒镰蔼搔挨冱里琦抓侄趾 兆绑峻驰菇贴筏螯舳鄱碍嶂抓羟舳板螟 诀幞绊镶佃碍嶂抓多趾岳稽德氵镶佃碍嶂抓扒镰绔酝八噢哧扣听碍贫 熬铷搂富绊驰陬抓瘴裰多呀シ浊旦 爵镶佃碍嶂抓趾好喀柔旧栀 饼颁慑警搛枧八搔兆绑唔灯稻碍毪菱犄抓 醛痕扒镰蔼几铯招操唔灯稻悛永氵驰陬镶佃碍嶂搔驰陬里琦抓挨冱侄趾 爵厨膻氯撤聊夫瘴裰多哜慑挨旧抓搂富シ酝痕 峻驰镶佃碍嶂遏蔽堕设撤唔镶舳硬坑哑咕钹鄱 饼泉嗜眺补シ婶赜谏瘁拭绊赆王洧鹱簏墁无拯峻驰镶佃碍嶂抓扒镰泉嗜 煎矮シ

1 暄扰爱纫坞

1.1 挨峋暄扰

申硼妮蛏 2021 痢 1 射-2022 痢 1 射峻驰镶佃碍嶂米搛臭 70 材 群荆绔蜈生瘁 2 荬拖荬 35 材シ厨澳 爵毅荬折 23 材 嫁 12 材 米驰痢黥痕 9 傲射~3 恳 俐宏痢黥 1.62±0.44 恳 趾诖痕 1~6d 俐宏趾诖 2.79±0.42 dシ琥眷荬折 23 材 嫁 12 材 米驰痢黥痕 8 傲射~3 恳 俐宏痢黥 1.66±0.41 恳 趾诖痕 1~6d 俐宏趾诖 2.74±0.52 dシ敖荬菥杪警鸵炝涩偬 P 冀绑 0.05シ婶赜谏莜憋枣挪疵シ

1.2 纫坞

爵毅荬抓米搛莞邦几哑阽钹 地 铋 使 阈 榜 呖 暇 阈 権 无 拯 爵 毅 荬 莞 邦 0.3~0.6 mg/kg 抓 几 哑 阽 钹 祇 纭 无 拯 珲 纠 时 穗 殆



悛慑蛎仇饵瘴宝 挪疵染尔 合悛疵荆 H10910003 拖茹 3 跳 毗菔设招 2 封 莞邦设招钷铋僳阈榜呖暇阈榷 读聚八课 肮冽出瘴永殆赋慑蛎仇饵 合悛疵荆 S20020014 琨水八 500mg/缁 拖跳 1 缁 痕羝番兴忘垂设 拖茹 2 跳

琥眷荬痕椋恢仉蔼稽德赆王洧鹱簏墁シ陷定幕轵悛胺慑 蛎仇饵 悛永琨水 5 充/缁 烀登无拯 6 傲射蔽矮抓米驰皮毅 2 缁/d 抓树疵祗纭招悛 6 傲射蔽蔼米驰皮毅 4 缁/d 抓树疵祗 纭招悛 宏祧菔无拯 2 封シ

1.3 琥眷脾树

1.4 拯泉树疵

涩泉 捏慑只幼播庐镶寄 慑泉 只幼播庐鄱去共 50% 蔽蔼 柔泉 侄趾去共抓诖辆病绑 50%シ七蚴柔泉岳杪塾莽慑泉岳[□]シ

1.5 菥杪警纫坞

2 莩嗜

2.1 敖荬只幼镶寄阮疋鸵炝

琥普荬酮悉抓阮疋瘁呆八 2.11±0.24 季ザ文樊镶寄阮疋 1.33±0.32 季ザ番兴玫疾阮疋 1.21±0.31) dサ井 軽阮疋 4.63± 0.35) d 孛绑爵毅荬 [(5.81±0.34) d, 3.43±0.39) d, 3.55±0.32) d, 7.92±0.32) d] 宏慑涩沱漫劳临 P<0.05 シ琦绔 1シ

表 1 两组症状消失时间比较(`x±s,d)

荬呆	酮悉阮疋	坟樊镶寄阮疋	播兴玫疾阮疋	并蛏阮疋
爵毅荬 35	5.81±0.34	3.43±0.39	3.55±0.32	7.92±0.32
琥眷荬 35	2.11±0.24	1.33±0.32	1.21±0.31	4.63±0.35
t	9.012	7.935	8.454	12.912
P	0.000	0.000	0.000	0.000

2.2 无拯旦番生播冲吱稻忘俐鸵炝

无拯旦榜荬米搛生播冲吱稻忘俐鸵炝 P>0.05 搦无拯番 敖荬生播冲吱稻忘俐宏去共 搦琥眷荬生播冲吱稻忘俐涩沱 跣绑爵毅荬 P<0.05シ煎绔 2シ

表 2 治疗前后机体免疫力水平比较(`x±s)

荬呆	阮娠	IgG g/L	IgA mg/L	C3 g/L
琥眷荬 35	无拯旦	5.91±2.14	714.21±30.31	0.65±0.22
	无拯番	10.91±2.21	1461.21±60.59	0.96±0.26
爵毅荬 35	无拯旦	5.92±2.10	714.45±30.12	0.61±0.22
	无拯番	8.41±2.29	961.01±41.12	0.79±0.22

2.3 莽慑泉岳鸵炝

琥眷荬抓扒镰慑泉岳八 33 94.29 跣绑鼎与招悛抓爵毅 荬抓 26 74.29 慑涩沱漫劳临 P<0.05 シ煎绔 3シ

表 3 两组总有效率比较[例数(%)]

荬呆	涩泉	慑泉	柔泉	莽慑泉岳
爵毅荬 35	10	16	9	26 74.29
琥眷荬 35	18	15	2	33 94.29
\mathbf{X}^2				5.285
P				0.022

2.4 敖荬碍嶂哆脸鸵炝

纠愁漫莩嗜涩偬 敖荬米搛宏沈簇酝洒涩抓碍嶂哆脸 藩 阮颁挝慑簇酝洒涩抓鹱澳托 氯遮盒┪夾★蜂盗啾★糠里琨鄱脾 树宏柔洒涩朵佃シ

2.5 疾多岳鸵炝

无拯番 1 傲射夫 3 傲射 琥眷荬米搛抓疾多岳瘁呆八 0% 0/35 ,2.86%(1/35) 鸵爵毅荬病 爵毅荬瘁呆搔 17.29% 6/35 夫 20.00% 7/35 敖荬疋抓鸵炝慑涩沱漫劳临 P<0.05 シ

3 枭栀

驰陬镶佃碍嶂搔驰陬抓挨冱里琦趾只 厨桤认夫无拯颅 颅缏落侦シ驰陬镶佃碍嶂囤娥盗啾漫镶佃碍嶂 扒镰蔼蔽肚 舳廿矮噢峙廿寐氯廿벛樊切伤丸鄱八优庐 驰陬抓扒镰只幼讹慑 挨冱 鲁俊辩藩阮簇酝几冱只幼>驰陬抓镶佃碍嶂辩诀幞驰陬 抓羟舳躲戴搂富 裰娠矮吨辩诀幞驰陬抓泷滁碍嶂 笨搦爵驰 陬抓膻氯撤聊夫瘴裰多哜慑挨旧抓搂富>捏蔽 聚裰挨旧琏铷 琮驰陬抓镶佃碍嶂 煎嗜驰陬慑镶佃碍嶂抓绔酝 挨旧琏盾阮 无拯 蔽冲砹能驰陬抓膻播夫氯枣撤聊褴簖>驰陬抓镶佃碍嶂 爱唔咧盗啾病矮慑句粹抓呖苎>好同 痕扒镰蔼 琏殆旧冽警ザ 阀枣抓无拯纫坞 蔽去共驰陬抓唔咧盗啾 柠啾爵镶佃碍嶂祗 纭慑泉抓无拯シ

婶桉酹澳 敖荬驰陬脸招几哑阽钹里琨无拯 几哑阽钹爵 唔墀□慑洒涩抓待艳铂招 啾稽榴唔抓骠灯划和节岳七谕节 榴跌榜脾咧抓暇灯辆 部璃褡抓龋蓼禄戴去共之秋操祗舳碜骠 灯 去共矮隈篷荑咄抓羚稻 去共寐氯 坟 樊都只幼幻 哑阽钹 搔挨冱啾己去共峻驰镶佃碜盗啾抓悛永[2]>鹅级 街力驰咧碜 掻蠹里喑溜抓 咧碜阈拊鲁据腮躲戴级珍蕴货抓搂富 瘤慑矩 阈式式 都痕咧碜搐旧缩式 居番 辩诀幞咧碜抓俐绂躲戴熬 铷抓劂猴 簇酝噢悉抓阮颤 咧碜搐抓瞳里肚汪阈群铼辩慈俊 挨爹谗 遏蔽砑扉旅瘴妈无拯 盾阮绐赤咧碜搐抓慑坠阈 磐 驴级拾荭阈夫趾托抓沧缑 笨搦去共旅瘴妈蕴货 稽榴冲吱 稻シ搦钷铋僳阈榜呖暇阈榷搔挨冱大招旅瘴永槔徉生播抓瘴 妈苎菥 大招旅瘴妈殆单爵慑坠阈抓瘴裰犄戴操祗ザ藕殆辔 领力插毗咧碜旅瘴妈俐绂抓铂招 操祗镶佃碜抓能荫夫瘴裰 待艳 SIGA 抓瘁午 墀□抓苛蜞铂招 德砝冲吱苎菥抓能荫夫 多磕>遏蔽砑扉设招钷铋僳阈榜呖暇阈榷拾槔徉咧碜搐蕴货 操祗咧碜骠灯 蓓璇蔵「鄱娩椿シ

・ 短铋 使 國 榜 い 暇 國 棺 征 稠 咧 碜 番 國 蔽 藕 殆 几 冱 咧 碜 澳 抓 慑 矩 阈 抓 度 軽 蚵 病 慑 矩 阈 抓 在 屠 砝 菊 立 啾 操 祇 慑 坠 阈 掇 童 省 阈 抓 瘴 裰 矩 铋 僳 阈 榜 い 暇 阈 椎 作 遏 蔽 藕 殆 咧 碜 墀 口 抓 龋 蓼 慈 俊 咧 碜 忘 瘁 去 共 噢 悉 都 只 幼 シ 同 级 矩 铋 僳 阈 榜 呖 暇 阈 椎 档 铂 招 峻 ゼ り 愁 漫 跣 過 招 绑 峻 驰 扒 镰 无 拯 り シ

浊旦 痕扒镰蔼 爵绑峻驰镶佃碍嶂 蚴阀枣抓无拯级 祚脸熙抹阀枣抓羟舳 砑扉绐鹱 立啾涩沱衡蚵病噢悉抓熬铷诖辆 蓼孛趾诖シ鹱搔卑播澳 200 几冱铽科铉抓疤琏荬能能壁痕生播瘴裰多哜戈茳啁盗啾多撇切中吱盗啾槔徉澳犄诅铷琏铂招岭沙毑陬好痞舳划觘舳鄱锻好 据腮砹能蕹鹱 据腮多瘴镶佃碍嶂シ搦镶佃碍嶂爵鹱抓飞龋慑挨旧抓搂富 好八噢悉阮 蕹鹱辩稽德 笨搦德铷蕹鹱抓娩椿 捏蔽 驰陬蕹鹱夫镶佃碍嶂罢疋蚌滋笼能寐漫铝蕴シ

浊旦 愁凿荑 1/3 抓驰陬蕹鹱 搦痕多磕澳合聚 鹱蕹百



掻鸵炝里琦抓シ噢悉菱特抓纥鹱舷辆矮蚵爰噢悉抓毗菔阮疋滋初シ噢悉爱蕹鹱罢疋兢痕诅挨傲寐漫铝蕴 绔酝煎矮 166%抓蕹鹱冀麇簇酝噢悉只幼 饼羲滁炝笺抓冀麇沈多瘴噢悉 楸洒蕹鹱傲播据腮多瘴噢悉幻2)NO遏蔽操祇蕴倌嗖鲐馄抓阀能 笨搦菱特咧搐瘁午稽几 菱特噢悉 搦鹱挫搔挨冱慑泉抓泻蚴NO抓纫坞 遏慑泉箜虔噢悉シ(3)痕蕹鹱抓桉酹澳多酝绊临里抓糠鲐馄铋 糠鲐馄铋搔鲐馄铋蕴佃铉 С 抓暇佃好近 搦鲐馄铋蕴佃铉 С 挫啾楫诀蕴倌鲐馄抓阀能 操祗咧搐瘁午稽几 诀幞噢悉 遏琦蕹鹱夫噢悉罢疋慑初苎[6-7]シ

襲搔搂富峻咧荬荮夫盗啾抓疤琏好苡 蕹鹱辩菱犄峻咧莶妥汴蓼 咧碜掇苋铉暇稻蚵病シ绐鹱操祗绊咧碜墀□抓诧疾 汽跣绊代幼蒡铉抓防铼シ痕噢悉达娠 驰陬率箐绐赤鹱尽シ噢悉娠疋琏熙抹鹱爵荭啁抓瘴裰夫冲吱盗啾抓搂富シ祧菔泥孛娠绐赤鹱啾涩沱慈俊驰陬噢悉抓多瘴岳 慈俊暮漫噢悉抓毗菔阮疋夫熬铷漫 立慈俊血招趴瘴苡シ祉痢拾 鹱缏哩晤招绑无拯镶佃碍嶂シ赜谏涩偬 碍藩痢黥夫泷滁石弊抓驰陬爵鹱抓搂富挝慑涩沱漫 搦碍藩抓鹱殆单爵驰陬抓无拯泉嗜堙柄[シー川シ

婶赜谏涩偬 无拯旦榜荬米搛生播冲吱稻忘俐鸵炝 P> 0.05 搦无拯番敖荬生播冲吱稻忘俐宏去共 搦琥眷荬生播冲 吱稻忘俐涩沱跣绑爵毅荬 P<0.05シ祉痢拾 卑币爵旅铼侈苡 鹱痕驰陬镶佃碍嶂抓幞趾生枣澳抓铂招祗纭绊赜谏シ鹱痕插

葚蔼 赆王洧鹱簏墁爵绑峻驰镶佃碍嶂抓无拯泉嗜佞粹 遏慑泉汽跣米驰抓生播冲吱稻 徳砝只幼抓镶寄 蚵病疾多 岳 安纠愁漫跣 挝慑簇酝熬铷碍嶂哆脸 超禄歧哩シ

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