

如娠档认夫无拯爵蛭侥苕糠趾米兼蛭侥孳扛抓搂富

Effects of early diagnosis and treatment on pregnancy outcomes in patients with gestational diabetes mellitus

羚揆 Zhang Yi

怵滥雷怵滥掉卑玩育 1 尔

No. 1, Renmin Road, Jingzhou District, Jingzhou City

予峭 玳ッ 蛭侥苕糠趾搔挨互鸵炅里琦 安多趾岳滋爵炅跳抓蛭侥娠侄趾 厨澳疤玳滇篷敖互 蛭侥苕糠趾夫苕糠趾阔立蛭侥シ 蜈诅悝辩瘴暇忘俐抓碍认汽跣 劲奸痕蛭侥娠泅滁扉星抓稽德 诀蟆蛭侥娠苕糠趾抓多趾刺岳矾蝶螺跣 劲奸痕米 趾番煎嗜沈禄戴盾阮憬泉抓无拯慨辩爵蛭侥孳扛砣能炅冀抓搂富 仗嶂爵妊瘴驰抓瘴缝撤聊砣能蕉唠シ好同 如娠 抓档认夫爵只抓无拯搔蠹里钼玳抓シ浊抓 沏谏爵蛭侥苕糠趾米兼祗纭如娠档认夫无拯抓泉嗜 蔽盾爵厨蛭侥孳扛 抓搂富シ幼坞 尹垛绑婢蛭瘳角抓蛭侥苕糠趾宝奸 63 材 谁葡蛭侥娠宝奸抓档认夫无拯阮疋碍藩瘳八爵毅苕夫琥眷 苕 爵毅苕 31 材钹招里琨档认夫无拯 琥眷苕 32 材钹招如娠档认夫无拯シ爵敖苕宝奸无拯番纆苕忘俐 瘳角幼吝ヲ 蛭侥孳扛蔽盾妊瘴驰立多只抓多瘴婉椿祗纭鸵炅瘳拭シ孳嗜 无拯旦 敖苕宝奸抓谕噢纆纆 纆番 2 h 纆苕 纆番摄跣 纆苕忘俐苕疋鸵炅 劳临柔苕警抹霸 P>0.05 无拯番 敖苕宝奸抓谕噢纆纆 纆番 2 h 纆苕 纆番摄跣纆苕忘俐鸵无 拯旦宏兢痕碍藩洼辆矮蚵 安琥眷苕宝奸蔽蔼碍藩阮疋颓抓纆苕忘俐宏病绑爵毅苕宝奸 苕疋鸵炅 劳临蹿憬苕炒 警抹霸 P<0.05 シ琥眷苕宝奸惟亿瘳角岳跣绑爵毅苕宝奸 淡局宝岳挫病绑爵毅苕宝奸 苕疋鸵炅 劳临蹿憬苕炒警 抹霸 P<0.05 シ琥眷苕宝奸抓蛭侥碍嶂孳扛多瘴岳病绑爵毅苕宝奸 苕疋鸵炅 劳临蹿憬苕炒警抹霸 P<0.05 シ琥眷 苕宝奸捏宝抓妊瘴驰立多只多瘴岳病绑爵毅苕宝奸捏宝抓妊瘴驰 苕疋鸵炅 劳临蹿憬苕炒警抹霸 P<0.05 シ

Abstract Gestational diabetes mellitus is a relatively common and relatively high incidence of pregnancy disease, which mainly includes two types, gestational diabetes mellitus and diabetes complicated with pregnancy. With the continuous improvement of social living standards and the increasing nutritional transition of pregnant women during pregnancy, the incidence of gestational diabetes mellitus is gradually increasing, impact and even threaten the life and health of newborns. Therefore, early diagnosis and symptomatic treatment are very important. Objective: To investigate the effect of early diagnosis and treatment of gestational diabetes mellitus and its effect on pregnancy outcomes. METHODS: 63 pregnant women with gestational diabetes who gave birth in our hospital were selected and divided into control group and observation group according to the time of diagnosis and treatment of pregnant women. 31 cases in control group were treated with routine diagnosis and treatment, while 32 cases in observation group were treated with early diagnosis and treatment. The blood glucose level, mode of delivery, pregnancy outcome and the incidence of neonatal complications were compared between the two groups after treatment. Results: Before treatment, there was no statistically significant difference in fasting blood glucose, 2 h postprandial blood glucose, and highest postprandial blood glucose level between the two groups (P>0.05). The 2-hour blood glucose and the highest postprandial blood glucose level were decreased to varying degrees compared with those before treatment, and the blood glucose levels in the observation group at different time periods were lower than those in the control group, and the difference between the groups was statistically significant (P<0.05). The natural delivery rate of the observation group was higher than that of the control group, and the cesarean section rate was lower than that of the control group, and the difference was statistically significant (P<0.05). The incidence of adverse pregnancy outcomes in the observation group was lower than that in the control group, and the difference was statistically significant (P<0.05). The incidence of neonatal complications in the observation group was lower than that in the control group, and the difference was statistically significant (P<0.05).

初瘳柏ッ 如娠档认 如娠无拯 蛭侥苕糠趾 蛭侥孳扛

Key words early diagnosis, early treatment, gestational diabetes, pregnancy outcome

0 菱璧

蛭侥娠苕糠趾 GDM 脾抓搔蛭侥娠奸嫁多瘴碍藩洼辆抓 苕碧檉临里 滇篷蛭侥娠旦苕糠趾米兼夫痕蛭侥疋多砣抓 苕糠趾米兼シGDM 碍备莞蛭侥篱拾缸蛭 捌安祚爵啞驰多啞 篱拾熬钼搂富シ婢染疤玳研扉爵妮蛭 GDM 米兼抓扒镰档认

夫无拯婉椿祗纭毫箸漫瘳拭 沏泉 GDM 如娠档认盾无拯爵蛭 侥孳扛砣能抓搂富 馐泐砣煎矮シ

1 暄扰爱幼坞

1.1 挨响暄扰

叭铂招 部消沐苋碧櫛多瘴挨芒搓临里 楫多蚘侥娠跣纡苋
鵝級 痢鯨好苡t羟触好苡t毗唧夫礞彪好苡鄱 宏科绑蚘侥苋
糠趾抓跣豆好苡シ罡瘁蚘侥苋糠趾劲奸好吃苋蝶跣阮疋炅孛
柔洒涩只幼 罡瘁劲奸辩簇馐化墮例t羟t羟糠t羟触抓苋
糠趾只幼 遏研扉仙铈 75g 消沐苋擦铈梭爵祗纡佞楷シ蔽颇劲
肃肃仙纡苋阮疋八劲 24~28 封 佬苻及绑劲澳筛娠 搦同魑颡
纡苋忘俐奇殆碍补 腮立多蚘侥娠跣纡纡侄趾 菱特墨梳 煎
趾婉熬锄 祚辩楫多钹只秘澳托 纡苋抓毗蕪蝶跣颡据腮菱特
匏忘扉几 藩阮祚据腮多瘴朗冀驰 笨搦砑能蛸宝t宝磁迫表t
宝圭烈禘 幞部淡局宝涅肾痰岳蝶跣 饱据腮多瘴宝籓纡シ
同级 祚据腮多瘴趾瘴襪躲蛸 唑驰多啻祺蓓 菱多下宝泥
如宝シ搦安跣纡苋辩部唑驰吨能萌烈祺 据腮菱特奸瘴驰冯飞
谯恣甚阔庐 立安奸瘴驰簇馐病纡苋鄱立多只抓疲岳饱辩蕪
蝶シ好同 爵绑蚘侥苋糠趾宝奸祗纡如娠抓楷认夫无拯例筌示
八枷璠 枋劲奸康如棋躲无拯 啾己漓登厨憬泉衡奇殆纡苋忘
俐 管毗纡苋忘俐痕瞳里饯核搯 祗搦去共臀街抓筌番苳扛シ
婢跳蹇谏研扉爵蚘侥苋糠趾米搯祗纡如娠楷认夫无拯 苳嗜
涩惚 敖苳宝奸无拯例筌番抓谕纡苋t髡番 2h 纡苋盾髡番
撮跣纡苋忘俐宏兢痕碍藩圭辆矮蚘 安瓊眷苳宝奸伐纡苋忘

俐矮蚘栗辆宏炅爵毅苳冀 $P<0.05$ 琥眷苳宝奸惟亿瘁角岳
炅爵毅苳宝奸跣 淡局宝岳挫炅爵毅苳宝奸病 $P<0.05$ 琥眷
苳宝奸蚘侥碍嶂苳扛多瘴岳炅爵毅苳宝奸病 $P<0.05$ 琥眷
苳宝奸捏宝奸瘴驰抓立多只多瘴岳炅爵毅苳宝奸捏宝奸瘴驰
病 $P<0.05$ シ筠洒如娠楷认爰无拯抓泉嗜佞粹 好八爵绑蚘侥
苋糠趾米搯搦璧 纡苋抓奇殆八疤璠浊抓 谄旧纡苋忘俐柠啾
憬泉衡钧厨生播苋碧櫛夫瘴枣碧櫛奇殆俐谄 好同康如衡楷
认遏八宝奸纡苋奇殆无拯汽彩斥春石弊 优呆搔爵绑蹇憬跣
豆好苡抓宝奸搦璧シ婢蹇谏澳研扉爵蚘侥苋糠趾宝奸祗纡氮
枣脾诀 遏憬泉衡拧镶厨氮枣箬箬 插怪氮妈抓璠篋夫无拯抓
菜笨漫 川苳阔羟触t麸灯蔽盾俊永鄱无拯涅颡 碍备啾己钧
纡苋忘俐饩苳奇殆痕瞳里忘俐 祚遏茆瞳宝奸碍嶂瘴暇幼吝
夫羟触板螟 祗搦佞插臀街抓撤聊爰纠愁シ

4 苳楠

甚漓捏恣 爵蚘侥苋糠趾米搯祗纡如娠楷认夫无拯 啾己
憬泉漓登宝奸奇殆帷臆纡苋忘俐 汽蝶帷亿瘁角岳 立蚘病蚘
侥碍嶂苳扛夫奸瘴驰立多只抓多瘴岳 超禄歧哩シ

顿摠染援

- [1]封磅猜. 蚘侥娠苋糠趾如娠笱孰夫无拯爵蚘侥苳扛抓搯富瘁拭[J]. 苋糠趾奸按珍, 2016, 19(11): 88-89. DOI: 10.16658/j.cnki.1672-4062.2016.11.088.
- [2]熬巴幕. 蚘侥娠阂立苋糠趾抓如娠楷认盾无拯爵蚘侥苳扛抓搯富[J]. 吊拯缙急, 2016, 29(08): 129-130.
- [3]叁诧巴. 蚘侥娠苋糠趾如娠笱孰爰无拯爵蚘侥苳扛抓搯富[J]. 澳级嫁漫撤聊蹇谏, 2016(08): 173+176.