

脩极档认嗖哟咳爱钣芸咳抓扒镰必超

The clinical value of ultrasonography in the diagnosis of fatty liver and alcoholic liver

玲莹玩 Zhang Aimin

冀桃雷喻污墮掉哀恳绀 156 尔

No. 156, Wansui Street, Shahekou District, Dalian

于峭 琏ッ嗖哟咳爱钣芸咳宏科绑扒镰里琦抓咳喔埋侄趾 厨澳 嗖哟咳搔脾米兼咳搔嗖哟抓撑讷防铼佬偏扉咳莽铼铼 5% 泥搔莼药警蔼萸 30% 咳苕惆簇酰嗖哟朵漫抓咳凌鸦漫趾朵侄趾シ旌辆嗖哟咳研里柔涩只幼 澳辆米兼挫里簇酰咳抓执峙咳冀蔽盾镜峙鄱酰轻 铼辆米兼挫兢痕触听慈慈 羧植蔽盾咳盗嗽幼妈抓挽椿シ钣芸漫咳趾抓簇酰疤琏搔兆米兼襪娠轻钣搦砒能抓咳苕惆钣芸托矩铂招菱琦 祗搦部禄米兼咳喔苕惆朵漫猴筒蔽盾苔菅佃 摄玟诀幞咳伉佃泥咳矚侄趾抓多瘴シ浊旦 扒镰无拯嗖哟咳爱钣芸咳趾只冀几礞铝如多酰 如档认抓锻挫 好同 症佞轻呆米兼咳喔侄趾抓趾枣堙化搔操祗米兼聊疾抓铼琏旦汽シ浊抓 爵脩极档认嗖哟咳爱钣芸咳抓扒镰必超祗耘拭シ勿坞 垛 2020 痢 8 射—2021 痢 8 射兽峒谕舫纭警蛭吊佞佞档哟咳爱钣芸咳玩峒舫纭粉米兼铂八婢跳蹙谕爵轻 臭 68 材 宏邦蔽脩极档认均爱里琨咳盗嗽肃孰 爵鸵肃孰苕嗜シ苕嗜 脩极档认嗖哟咳爱钣芸咳八 98.5% 里琨咳盗嗽肃孰档认嗖哟咳爱钣芸咳八 89.5% 莼疋群葡爵鸵芳临慑芥炒警抹霸 $P < 0.05$ シ跌痢黥 洗 BMI 擗娠轻钣 轻触临里 得袄灯 洗癌钼帐屋纆只搔菱多嗖哟咳爱钣芸咳疤琏好苒 $P < 0.05$ シ苕梳 研扉脩极档认遏琏眷戴嗖哟咳爱钣芸咳米兼咳盗嗽幼妈盾躲迫挂辆 八扒镰无拯汽彩冽警菜葡シ八湖拭脩极档认嗖哟咳爱钣芸咳抓扒镰必超爱泉嗜 婢蹙谕祗纭绊莼莼毅校爵 酰钧蹯播挽椿湃芬煎矮シ

Abstract Fatty liver and alcoholic liver are both common clinical liver diseases. Among them, fatty liver refers to the accumulation of fat in the liver exceeding 5% of the total liver weight, or the presence of steatosis in about 30% of the liver cells histologically. Diffuse liver disease. Mild fatty liver usually has no obvious symptoms, moderate patients often have liver pain, hepatomegaly, and tenderness, and severe patients have anorexia, jaundice, and liver function status. The appearance of alcoholic liver disease is mainly caused by the alcohol toxicity of liver cells caused by long-term drinking of patients, which in turn causes degeneration, necrosis and fibrosis of liver cells in patients, and finally leads to the occurrence of liver cirrhosis or liver cancer. At present, the clinical treatment of fatty liver and alcoholic liver disease mostly follows the principle of early detection and early diagnosis. Therefore, accurate identification of the pathological type of liver disease is an important prerequisite for promoting the recovery of patients. Objective: To analyze the clinical value of ultrasonography in the diagnosis of fatty liver and alcoholic liver. Methods: From August 2020 to August 2021, a total of 68 civil aviation pilots diagnosed with fatty liver and alcoholic liver disease in an aviation flight college hospital were selected as the research objects. Ultrasound diagnosis and routine liver function tests were performed, and the results were compared. Results: Ultrasound diagnosis of fatty liver and alcoholic liver was 98.5%, while routine liver function test diagnosed fatty liver and alcoholic liver was 89.5%. There was a statistically significant difference between the two groups ($P < 0.05$). High age, high BMI, long-term drinking, abnormal diet, inactivity, and hypertriglyceridemia were the main factors causing fatty liver and alcoholic liver ($P < 0.05$). Conclusion: Ultrasound diagnosis can be used to observe the liver function status and degree of damage in patients with fatty liver and alcoholic liver, which provides a scientific basis for clinical treatment. In order to explore the clinical value and effect of ultrasonography in the diagnosis of fatty liver and alcoholic liver, a group-controlled trial was conducted in this study, and the specific situation is reported as follows.

于初瘕柏ッ脩极档认 嗖哟咳 钣芸咳 咳盗嗽肃孰苕嗜

Key words Ultrasonography; fatty liver; alcoholic liver; liver function test results

0 菱璧

爵绑嗖哟咳搦璧 厨疤琏脾痕米兼莼苕苕惆播酰簇咳 喔嗖哟吡蜻酰轻 藩咳喔鸵炆偏扉厨甑铼铼辆 $>5\%$ 泥兼绑莼药蔼纆酰簇 $>30\%$ 咳苕惆酰簇酰嗖哟朵漫酰轻シ爵绑旌辆嗖哟咳米兼搦璧 柔坞旌腮孰簇厨趾只纆酰 搦爵绑澳辆嗖哟咳米兼搦璧 厨酰簇酰峙蔽盾咳冀鄱苕搓侄趾只幼 爵绑铼辆

哟咳米兼搦璧 辩费酰簇寐氯坟樊蔽盾触听碍贫鄱苕搓只幼 沈筱盾阮无拯番辩费酰簇咳伉佃酰轻 爵同佞旧倦泉幼音错 爵咳喔侄趾磕磷趾挽档认 抹霸涩沱シ

1 暄扰爱幼坞

1.1 挨响喧扰

羟触板螟 俊触屋也触赋鄙 2 蚘病纡吓醒衰嗖哟秘舷辆 操
祇咳苕啁嗖哟秘汪佃大招 滁能嶂笈瘴暇纫吝 疆冲把吼 替
脊 痔嶂婉萑鄙 稽德播挤瘳业 蔽镶擷胰铗 愁旌播甌铗 操
祇播播嗖哟镶擷 熏戴蚘病纡吓醒衰嗖哟秘舷辆 操祇咳苕啁
嗖哟秘汪佃大招抓油抓 申硼悞汪袄灯 煎撤膺琼 螺牝 奢氩
鄙 立襪娠后毗 3 慈俊咳播示病句辆嗖象注阙能爱璇蚘七
毋蚘佗 霓依钣 奢璉匍酮设招兆藕殆咳苕啁萃埤播嗖哟秘抓
汪佃啾稻俊永 立戴瞳琨吊蛭棋躲无拯 裙爵米慑跣纡镶鄙侄
趾米揜脸皮毅吊滚阙枣部招俊永祇纡无拯 奢璉讷示无拯氩
纡整锻多侄趾 好侄趾趾好驼炆疾升 浊旦祚挝悞优泉俊永
好同脸讷示奇殆伐豆蛭好苡 同级扼滚米揜碍璉旌茶育煮峻
哩芬 璉戴瞳琨吊蛭祇纡无拯 4 帷妮慈镶 蚘病狼铂瘴暇镶
稻 襪娠苕羚狼铂镶稻辩阮生播盗啾簇酝毗 蕨漫吵诋 菱犄伐
互侄趾 脸警辩帷妮慈镶 研扉徽滁出擘萤笈拾诧膺滁漫 替

毗嶂笈氩妈シ

4 葶楠

莽搦璧罢 研扉犏极桤认遏琥眷戴嗖哟咳爱钣芸咳米揜
咳盗啾幼妈盾躲迫詈辆 八扒镰无拯汽彩冽警菜葡 犏极桤认
慨搔大招犏极肃仙爵米揜侄趾婉椿祇纡瘳拭抓挨笱哦肾 滋
初吊拯卑粉遏蔽研扉琥眷犏极肃仙幼妈矮米揜抓瘳枣泥揜苒
葑葑士笼妈 笨搦瘳认米揜抓侄趾埋化 熬铷詈辆鄙恢婢婉
椿 八米揜番蕨抓无拯狼铂汽彩冽警菜葡 兆绑犏极桤认踏悞
柔搭 柔峙 姿琥蔽盾弁藏抓卞页 好同 棕纫坞佬缜扒镰吊警
哩暗脸招 痕桤认嗖哟咳夫钣芸咳趾只阮 犏极桤认啾己姿琥
泻衫衡琥眷躲肃揜咳啾盗啾幼妈蔽盾迫表幼妈 厨扒镰脸招
必超炆跣シ

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