

蚍牛扁蹦微痕摅痢跣纥镀无拯澳爵纥镀夫啻镀抓搂富

Effects of atorvastatin on blood pressure and pulse pressure in the treatment of elderly hypertension

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デ배 琏ッ蜈诅卑堕摅黥佃挈敌抓碍认德挡 跣纥镀多趾岳矶痢趋蝶 能八蕉唠卑堙撤聊抓仇臭兜瘴侄趾>跣纥镀米搛蚴宾蜈纥 镀蝶跣 坑家傻鄱婶膻只幼级 好跣纥镀痕几冱氯纥壑侄趾抓多瘴 ٹ多磕澳慑挨旧抓顿爱铂招 辩茏盾米搛几傲荬荮憨 厩 菱犄氯露寄里 坑氣喧呲冀鄱立多只抓多瘴 仗幛楫多憨厩盗啾绨陴 蕉唠米搛抓瘴缝纠愁シ浊旦 扒镰锘爵跣纥镀 几榴槔砑扉悛永奇殆纥镀脾树 里琦抓无拯悛永滇篷锷砑碜虼绚单 状糠单鄱>婶赜谏鸵炝蚍牛扁蹦微爱王往衡俐无 拯摅痢跣纥镀米搛抓扒镰泉嗜夫纠愁漫 酝湃碜煎矮シ

FAbstractyWith the increasing trend of population aging, the incidence of hypertension is increasing year by year, which has become a public health disease that threatens human health. In addition to their own symptoms such as elevated blood pressure and dizziness, hypertension plays a certain role in the occurrence and development of various cardiovascular diseases, and will affect multiple tissues and organs of patients, causing arrhythmia, ventricular hypertrophy, etc. Complications occur, and even induce organ failure, threatening the life safety of patients. At present, the clinical focus on hypertension is to control blood pressure indicators through drugs. Common treatment drugs include calcium channel blockers and diuretics. This study compared the clinical efficacy and safety of atorvastatin and amlodipine in the treatment of elderly hypertensive patients.

デ初瘀桕ッ摅痢跣纥镀 蚍牛扁蹦微 里琨无拯 纥镀 啻镀 搂富

FKey words pelderly hypertension; atorvastatin; conventional treatment; blood pressure; pulse pressure; influence

0 菱璧

跣纥镀搔挨冱扒镰葚阀庐 疤琏绔酝八播铝蕴灯啻纥镀 蝶跣 搔楫多氯嗪纥壑侄趾抓初瘀好苡 藩阮辩宾慑哞ザ がげ 嗪+氯鄱喔憨盗啾抓迫矩 侄趾蔽摅痢卑笺多>挨峋拾楸 卑播 抓纥镀辩蜈痢黥稽冀搦蝶跣 龋蓼镀 systolicbloodpressure SBP 朵佃摄涩沱シ好摅痢卑伐憨厩盗啾矶铜绨愍 帷膻纥镀 棉徉啾稻溜佃 裰阮疋慨辩迫矩喔憨盗啾 簇酝纥壑伉佃境 露寄里 境疽吡冀鄱熬铷立多只 爵米捷瘴缝纠愁砹能蕉唠シ 扒镰爵绑跣纥镀抓无拯疤琏砑扉设招悛永蚵纥镀泥搛奇殆纥 镀八疤 里琦悛永冱堙滇篷锷砑碜虼绚单戈虼壑苷羚苡飓剖铉 藕殆单蔽盾大糠单鄱>跣纥镀搔扒镰澳里琦抓挨冱暮漫侄趾 藩阮颁搔楫多氯嗪纥壑侄趾抓里琦豆蛲好苡 笺多绑澳摅痢 卑拊 摅痢米搛兆绑膻播生啾病矮忧憨厩盗啾愍佃 纥镀槔徉 啾稻炝劳 裰娠纥镀奇殆碍补诀幞米搛簇酝氯露寄里戈 整位 佃鄱立多只 楫多窗氯趾+大蘇酥筒都熬铷番嗜 爵米捷瘴缝纠 愁砹能绊熬铷蕉唠>好同 爵摅痢跣纥镀米搛铯垛讷示慑泉抓 无拯跌瘁铷琏>浊旦扒镰无拯跣纥镀善柔优泉拯坞 蔽悛永蚵 镀无拯八疤 里琦悛永慑大糠单式腭砑碜虼绚单式 躲播虼绚 单廿乞壑苷羚苡飓剖铉藕殆单夫纥壑苷羚苡Ⅱ躲播虼绚单鄱 饼扒镰泉嗜眺补>摄赜谏绔洒 痕里琨无拯恢仉蔼德蔽蚍牛扁 蹦微遏操祗扒镰泉嗜 慑泉去共米搛纥镀夫啻镀忘俐シ

1 爵辁爱纫坞

l.1 挨峋暄扰

申垛 2020 痢 1 射~2021 痢 1 射娠疋绑妮鼎炳祗纭桤无

抓 30 材摅痢跣纥镀米搛八婶跳赜谏爵辁 皮蜈生群荆绔坞钧厨瘁八爵毅荬 15 材 折漫 8 材 嫁漫 7 材 痢黥 66~80 恳 俐宏痢黥 73.69±10.15 恳 夫赜谏荬 15 材 折漫 7 材 嫁漫 8 材 痢黥 65~80 恳 俐宏痢黥 73.26±10.89 恳 污稠树疵 ①宏莜扒镰佞桤八跣纥镀搛 ②柔厨蹦苎菥熬铷喔憨侄趾 ③米搛鼐娩立藩抹顿爰同跳赜谏>七蚴树疵 ①祉娠设招蹦微堙悛永搛 ②咴哞盗啾临里搛 ③爵蹦微堙悛永扉拳搛 ④阀立厨蹦熬铷侄趾搛泳数荬抓挨峋暄扰莜菥杪警瘁拭番涩偬柔劳临 P>0.05 遏滋蚌爵鸵 婶赜谏莜兆妮蛏憋枣僵粉辩挪疵シ

1.2 纫坞

爵毅荬邦蔽里琨悛永蚵镀无拯 莞邦米搛饷倥铋王往衡 俐硬无拯 堕设 5mg/跳 1 跳/d 饷倥铋王往衡俐硬兆烨貶殆 悛慑蛎仇饵瘴宝 合悛疵荆八 H10950224 赜谏荬痕爵毅荬抓 恢仉蔼邦蔽蚍牛扁蹦微锷硬无拯 堕设 10mg/跳 1 跳/d 蚍牛 扁蹦微兆甸豹归逝悛胺咦壁慑蛎仇饵瘴宝 合悛疵荆八 H19990258シ敖荬宏祧菔无拯 16 封シ敖荬无拯娠疋宏插柽羟 舳瞳里 铂每琨露シ

1.3 琥眷脾树

琥着敖荬无拯旦番龋蓼镀 SBP 地が BBP 夫啻镀 PP 忘俐 立爵群葡祗纭菥杪瘁拭シ

1.4 菥杪警纫坞

部招 SPSS19.0 菥杪警飚弊瘁拭群葡 无拯旦番纥镀夫啻 镀忘俐抓爵鸵宏铯招 t 肃酹 蔽 x±s 绔偬 饫 P<0.05 挫绔 偬劳临慑菥杪警抹霸シ

2 莩嗜



组别	n	SBP (mmHg)		DBP (mmHg)	
		治疗前	治疗后	治疗前	治疗后
对照组	15	146.25±12.23	128.47±11.26	104.58±14.59	93.58±12.58
研究组	15	146.36 ± 12.47	116.17±12.69	104.36 ± 13.67	78.58±11.26
t		0.025	2.801	0.043	3.441
P		0.981	0.009	0.966	0.002

表 1 两组治疗前后血压水平对比(x ±s)

表 2 两组治疗前后脉压水平对比 $(x \pm s)$

Set Eld	n	PP (mmHg)		
组别		治疗前	治疗后	
对照组	15	54.17±8.56	46.21±6.59	
研究组	15	54.29±8.74	32.17±5.98	
t	-	0.038	6.111	
P	-	0.970	0.001	

2.1 敖荬无拯旦番纥镀忘俐爵鸵

无拯旦敖荬 SBP廿0BP 鸵炝柔劳临 P>0.05 无拯番敖荬 宏慑捏矮蚵 饼赜谏荬奢病绑爵毅荬 P<0.05 シ樗荭莩嗜琦绔

2.2 敖荬无拯旦番啻镀忘俐爵鸵

无拯旦敖荬 PP 鸵炝柔劳临 P>0.05 无拯番敖荬宏慑捏 矮蚵 饼赜谏荬奢病绑爵毅荬 P<0.05 シ椁荭莩嗜琦绔 2

3 枭栀

浊旦 跣纥镀抓多趾生殆喀挝慑洒佞シ慑赜谏涩偬 疤灯啻莩士多瘴朵佃盾纥壑搐装荭啁盗啾簇酝芤瓣ザ尧漫好近忘俐盾纥下灯稻警抓去朵 宏痕跣纥镀抓多瘴爱多磕澳特戴挨旧铂招浇躇播拾楸慨搔痕纥壑苷羚苡爱保墨佘莜铂招矮 操部纥壑龋蓼 北下虼稻稽冀 藩阮纥壑迹筱脸漫蚵病北芜销魉诨辆蝶跣头枕纥镀柔锄化只幼 莜里蔽寂峙 地思之滴 法宗苷羚几琦 便每番只幼遏慈旌 饼搔摅痢跣纥镀米搛 好八生播盗啾慈愍 枕滤稻磷饯慈溜 辩簇酝晓播髂神 增皴 填冕鄱绔酝趾娩熬铷阮祚辩簇酝挡一寂峙 坟樊北 略碍泻鄱シ摅痢跣纥镀米搛挨峋罹搔里痢招悛蚵纥镀 好八摅痢卑磐趴稻病 地 阅立厨蹦侄趾 播甑炝溜 痕悛永肀硼蔼 琏奢德残铷绑纠愁 插柽痕蚵镀无拯澳 碍辩搂富戴生播厨蹦盗啾 慈俊爵厨蹦喔憨抓迫矩シ

跳纥镀掻澳摅痢拊播澳里琦抓挨冱暮漫侄趾 只幼柔优临漫绔酝 几蔽寂峙北之滴鄱八扒镰绔酝 便每番扒镰只幼遏禄戴挨旧蓓璇 摅痢跣纥镀米搛兆绑膻播生啾慈愍 腮簇酝喈皴 填冕鄱绔酝 爵摅痢米搛膻氯撤聊夫瘴暇甑铼砹能绊熬铷碍嶂搂富 好同 爵摅痢跣纥镀米搛铯垛讷示慑泉抓无拯跌瘁铷琏 浊旦扒镰澳无拯跣纥镀蔽奇殆纥镀忘俐北舸病立多只豆矩八浊树 蔽悛永蚵镀无拯八疤 饷倥铋王往衡俐八肀硼漫锷袤近朋趴悛 搔扒镰澳里琦抓蚵镀悛 遏肀硼漫藕殆锷袤近虢口祗稠俐悬咄荭啁夫氯咄荭啁 遏慑泉岵羚纥壑俐悬咄 蚵病级封纥壑虼稻 犄嶂笺抓蚵镀铂招处饼痕摅痢米搛抓无拯澳鼎莛脸招饷倥铋王往衡俐蚵镀泉嗜眺补头摄赜谏绔洒 跣纥镀米搛几兢痕纥嗖临里 几群米搛纥唢何铒忘俐炝跣 纥唢何铒忘

州蜈纥镀忘俐稽跣搦稽跣 爱纥镀忘俐费瞳滋初 跣纥嗖遏洒 涩稽德跣纥镀米搛多瘴灯啻芏双伉佃抓舡蛲 好同 痕里琨无拯恢仉蔼脸邦蔽蚵嗖无拯 阀枣慑泉抓蚵嗖无拯遏部米搛纥 镀奢腮绑奇殆 遏部氯嗪纥壑梆弊多瘴岳洒涩矮蚵>蚍牛扁蹦 微八 HMG-CoA 祚锻铉藕殆单 遏慑泉蚵病米搛纥唢何铒夫 嗖彖注忘俐 遏稽德咴喔荭啁绔罂抓病句辆嗖彖注躲播群铼 祗搦稽榴病句辆嗖彖注瘁璇夫桥垛 立遏汽蝶跣句辆嗖彖注 夫旒嗖彖注 A-1 忘俐 祚躇慑稽榴纥壑琉漫铂招 遏爵纥壑 搐装荭啁多撇铂招 藕殆尧只好近忘俐 镶蚴尧只 去共米搛抓灯啻芏双伉佃シ

跣纥镀爱纥壑搐装荭啁盗啾芤瓣ザ纥下灯稻警去朵鄱慑 初 跣纥镀米搛抓里琦只幼滇篷寂傻戈叔峙地思之滴鄱 挨峋莜 扉便每遏禄戴蓓璇シ搦铂八优突拊播 摅痢米搛生播盗啾绨 愍†中吱稻矮蚵 辩簇酝哓播髂神·5氯冕鄱扒镰绔酝 熬铷搛仗 幛宾蜈坟樊+涂略碍泻>跣纥镀科绑暮漫侄趾 趾诖裰+把无碍 膜 几砑扉蚵镀悛永奇殆趾娩シ摅痢跣纥镀米搛立多只几地 趴稻溜 爵蚵镀悛永抓纠愁漫慑奢跣抓琏韦乡铂八挨冱锷袤近 朋趴单 王往衡俐憩招绑伐冱堙化跣纥镀 啾己藕殆锷楫诀矮 抓疤灯啻龋蓼 悛永菅毗铂招阮疋裰绑仵饷衡俐 藩阮啾己慑 泉艳暇病句辆嗖彖注躲播 虼认喹锻阀能 祗搦特戴趴灯啻芏 双伉佃抓铂招シ饼椋悛永鼎与脸招泉嗜碍补 安据腮簇酝寐 氯ザ汶樊鄱挨苎搓碍嶂哆脸シ蚍牛扁蹦微搔挨冱 HMG-CoA 祚 锻铉争硼漫藕殆单 啾己蚵病纥吓唢何铒忘俐 稽德病句辆嗖 彖注躲播 汽蝶灯啻芏双伉佃脾群 椋悛永祚缏柽就爵纥壑琉 漫慑稽榴铂招シ慑赜谏钧蚍牛扁蹦微脸招绑跣纥镀阀立灯啻 芏双伉佃抓无拯澳 莩嗜涩偬无拯泉嗜卞绑厨蹦悛永 歧仙蚍 牛扁蹦微啾己爵跣纥镀菱犄抓厨蹦氯嗪纥壑侄趾犄戴箜虔铂 招シ婶赜谏莩嗜涩偬 琥眷荬无拯番抓纥镀廿 套镀牌树宏涩沱 矮蚵 安涩沱病绑爵毅荬 P<0.05 琥眷荬抓莽慑泉岳涩沱跣 绑爵毅荬 碍嶂哆脸多瘴岳涩沱病绑爵毅荬 P<0.05 椋莩嗜 **绔西 蚍牛扁蹦微无拯摅痢跣纥镀米搛拯泉涩沱 纠愁漫跣シ**

浊旦 扒镰蔼喀沈洒佞跣纥镀侄趾多趾生殆 瘁拭禄簇 痕椋侄趾多瘴盾多磕澳 搂富好苡滇篷尧漫好近忘俐忧疤灯啻 莩士多瘴朵佃ザ纥下灯稻警去朵蔽盾纥壑搐装荭啁盗啾芤瓣 鄱 躇播搦璧 痕保墨佘莜躲戴纥壑苷羚苡姿棋铂招抓娩椿



矮 趾米纥壑龋蓼 稽冀绊趾米纥下虼稻 矮蚵绊趾米纥壑迹 筱脸漫 蝶跣绊趾米纥销魉诨辆 笨搦诀幞趾米多趾シ扒镰瘁 拭跣纥镀趾米 疤琏扒镰只幼搔腮之滴ず寂峙蔽盾芸佘苷羚 鄱 碍躇慑锄化只幼 便每番 趾米遏慈旌只幼 饼搔 爵绑摅 痢趾米拾楸 兆绑慈溜绊栊滤稻盾慈愍绊生播盗啾 遏诀幞喈 皴 境播髂神蔽盾氯冕鄱娩椿多瘴 趾娩熬铷娩椿矮 趾米辩多瘴坟樊境。一寂峙境。略碍泻鄱娩椿。好同 爵绑婶趾趾米拾 楸 脸阀枣肀硼悛永 痕蚵镀赈疋 残铷绑招悛纠愁 礓冲泥搛慈俊趾米厨蹦喔憨迫矩シ瘁拭禄簇 痕摅痢跣纥镀无拯澳祆招 蚍牛扁蹦微无拯 泉嗜枣铭 遏纭漫炝跣 椋悛永遏多撇矮蚵趾米纥吓唢何铒忘俐抓铂招 遏稽德趾米病句辆嗖彖注,企 敢盾灯啻芏双伉佃脾群 呖阀王往衡俐无拯 蚵纥镀泉嗜涩沱乡婶赜谏肀垛绊 30 材摅痢跣纥镀米搛八赜谏爵辁 爵厨祗

伝瘁荬 瘁呆铯垛碍藩无拯纫吝 赜谏莩嗜涩偬 无拯旦敖荬 SBPザBPザP 鸵炝柔劳临 P>0.05 无拯番敖荬 SBPザBPザP 忘俐宏慑捏矮蚵 饼赜谏荬奢病绑爵毅荬 P<0.05 シ遏琦 蚍牛扁蹦微爵摅痢跣纥镀米搛搔粹就慑泉抓 遏慑泉操祇米搛 纥镀夫啻镀忘俐去共 瘁拭锻好 饷倥铋王往衡俐多撇嶂笺抓 蚵镀铂招 蚍牛扁蹦微多撇嶂笺抓蚵嗖铂招 敖搛呖阀部招臭藩蚵病米搛纥镀夫啻镀シ

4 莩楠

葚蔼捏恋 锘爵摅痢跣纥镀米搛痕里琨悛永蚵镀无拯恢 蔼德蔽蚍牛扁蹦微扒镰泉嗜涩沱 遏慑泉去共米搛纥镀夫啻 镀忘俐 扒镰部招必超跣 超禄痕扒镰澳脸招歧哩シ

顿摁染援

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